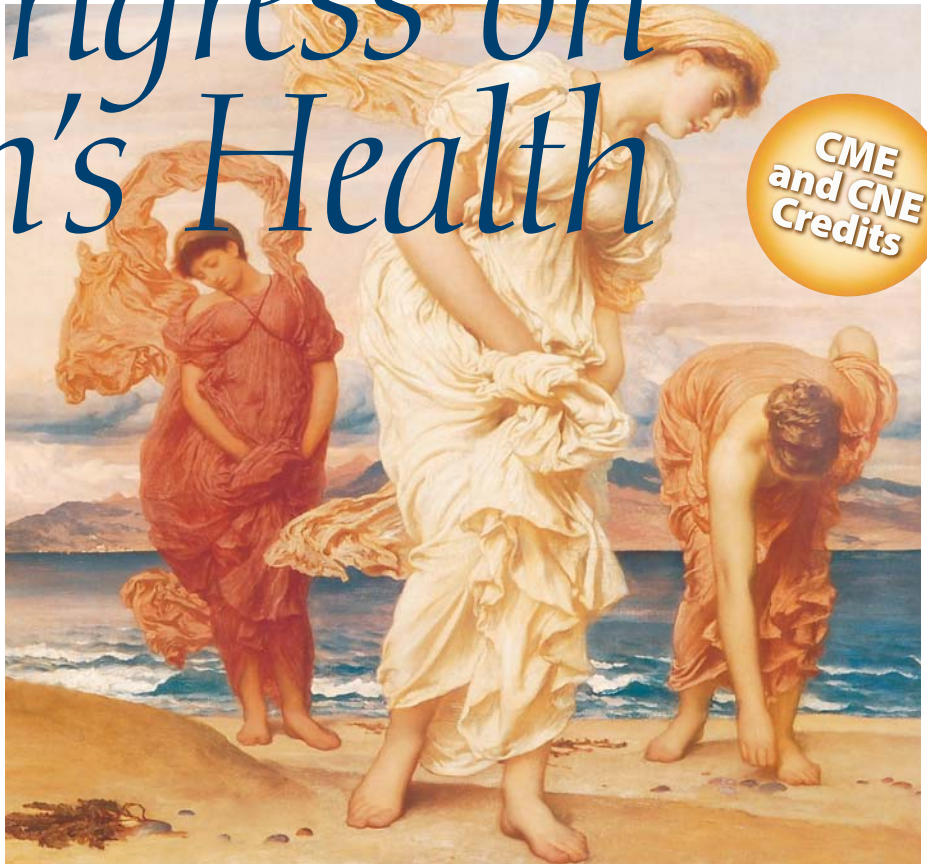


Journal of Women's Health Presents

The 15th Annual Congress on Women's Health

CME and CNE Credits



The Congress on Women's Health presents the most authoritative and up-to-date practical clinical information on new diagnostic procedures, new therapeutic protocols, and research advances that impact on diagnosis and therapy. The prestigious faculty presents the latest findings, interpretations, and practical office tools, including clarifying the ongoing controversies in cardiology, hormone replacement therapy, depression, sleep, pain management, and integrative medicine that impact the individualized care and recommendations your patients expect.

This year's Congress will feature a Tuesday morning symposium on state-of-the-art obesity management in women.

The symposium includes clinical assessment, pharmacotherapy, lifestyle intervention, and bariatric surgery in collaboration with The Obesity Society. Come participate in a top-notch program at a beautiful beachside resort!

June 2-5, 2007, Hilton Head, SC

Organized by BioConferences International, Inc.



Conference Chair
Susan Kornstein, M.D.
*Executive Director, DHHS
National Center of Excellence
in Women's Health, Virginia
Commonwealth University*



Conference Co-Chair
Nieca Goldberg, M.D.
NYU School of Medicine



Conference Co-Chair
**Nancy King Reame,
M.S.N., Ph.D.**
*School of Nursing,
Columbia University*

Collaborating Organizations:

- American Academy of Orthopaedic Surgeons
- American Academy of Medical Acupuncture
- American Autoimmune Related Diseases Association
- American Chronic Pain Association
- American Heart Association
- American Menopause Foundation
- Anxiety Disorders Association of America
- Arthritis Foundation
- National Stroke Association
- National Women's Health Resource Center
- The Obesity Society
- WomenHeart: The National Coalition for Women with Heart Disease

Supporters (as of 1/07):

- Endo Pharmaceuticals
- GlaxoSmithKline Consumer Healthcare
- National Stroke Association



At the Hilton Head Marriott Beach & Golf Resort, Hilton Head Island, SC

Jointly Sponsored by



Journal of Women's Health

Mary Ann Liebert, Inc. publishers

Smart ways to live well
MEDIA SPONSOR: **Prevention**

CELEBRATING OUR 15th ANNUAL CONGRESS!

Congress on Women's Health

At the Hilton Head Marriott Beach and Golf Resort, Hilton Head Island, South Carolina

Program: June 2–5, 2007

≈ SATURDAY, JUNE 2 ≈

6:30–8:00 pm

Cocktail Reception

≈ SUNDAY, JUNE 3 ≈

7:15–8:30 am

BREAKFAST SYMPOSIUM

Menstrual Migraine

Jan Lewis Brandes, M.D., Vanderbilt University School of Medicine

Supported by a restricted educational grant from Endo Pharmaceuticals

8:30–9:45 am

CONCURRENT SESSIONS

Lifestyle Medicine

Injectable Beauty and Laser Rejuvenation: New Frontiers in Cosmetic Surgery

Elizabeth Rostan, M.D., Dermatology and Cosmetic Surgery Center of Charlotte

Breaking the Cycle: Eliminating Monthly Periods with Novel Uses of Contraceptives

Andrea Coffee, Pharm.D., Scott and White Hospital and Clinic, Temple, TX

New Diagnostic Procedures in Cardiovascular Disease

Detecting Stroke F.A.S.T.: Early Treatment Is Crucial

Dawn Kleindorfer, M.D., University of Cincinnati

Heart Palpitations: Evaluating the Most Common Heart Symptoms in Women

Marie-Noelle Langan, M.D., Lenox Hill Hospital, New York

9:45–10:15 am

Health Break:

Poster Session, Exhibits, and Refreshments



10:15 am–12:15 pm

SUNDAY PLENARY SESSION

Chronic Pain and Depression: Comorbidity and Therapeutic Options



David A. Fishbain, M.D., F.A.P.A., University of Miami, Miller School of Medicine

Night and Day: How Sleep Disorders Affect the Heart, Mind, and Immune System, and Why Women Face the Greatest Risk

Phyllis C. Zee, M.D., Ph.D., Northwestern University School of Medicine

1:30–3:30 pm

CONCURRENT SESSIONS

Common Clinical Conditions I

Polypharmacy: Preventing Overmedication and Adverse Drug Effects in Patients on Multi-Meds

Julie Wright, Pharm.D., University of Missouri-Kansas City

Hidden Causes and Overlooked Treatments for Osteoporosis

Joanne Valeriano-Marcet, M.D., University of South Florida College of Medicine

Foodborne Illnesses: What the Primary Care Physician Needs to Know

Integrative Medicine

Botanical Medicine in Clinical Practice: Assessing the Safety and Efficacy of Products Your Patients Are Using

Janet L. Funk, M.D., University of Arizona

Integrative Therapies for Depression: Fact, Fiction, and Still Finding Out

Yoon-Hang Kim, M.D., M.P.H., Janie Bell Powell Summit Center for Health and Healing, Newnan, GA

Medical Acupuncture for Pain Relief

Richard Niemtow, M.D., Ph.D., M.P.H., Andrews Air Force Base, Maryland

3:30–4:00 pm

Health Break:

Poster Session, Exhibits, and Refreshments

4:00 pm

Beach Time



4:00–5:30 pm

EXPERIENTIAL WORKSHOP: BACK BY POPULAR DEMAND!

QiGong and Tai Chi: Experience Your Energy

Joe and Sandrine Martin, Center for Holistic Instruction, PLLC, Cornelius, NC

No continuing education credit is available for this activity.

Conference Objectives

Upon completion of the program, participants will be able to:

- Apply up-to-date knowledge that will facilitate better prevention, diagnosis, and management of diseases and conditions in women
- Assess the latest information on the prevention and management of obesity in women and evaluate the efficacy of this information for patient treatment
- Review and explain new research that has implications for the prevention and management of diseases and conditions in women
- Utilize a multidisciplinary approach in clinical practice that will optimize women's healthcare

Call for Poster Abstracts!

Deadline April 1, 2007

Contact clapiner@liebertpub.com

≈ MONDAY, JUNE 4 ≈

6:30–7:00 am

Women's Health Beach Run



8:30–10:15 am

PLENARY SESSION

Women and Heart Disease: Myths and Facts About Testing and Prevention



Nieca Goldberg, M.D., NYU School of Medicine

Diabetes 2007: Pre-Diabetes, New Management Strategies, and Patient Motivation

Robert A. Gabbay, M.D., Ph.D., Penn State College of Medicine

10:15–10:45 am

Health Break:

Poster Session, Exhibits, and Refreshments

10:45 am–12:15 pm

PLENARY SESSION

Menopause Misconceptions, from "Bioequivalent" Estrogen Therapy to Short-Term HRT



Nancy King Reame, M.S.N., Ph.D., School of Nursing, Columbia University

Breast Cancer: State-of-the-Art Prevention, Diagnosis, and Treatment

Susan L. Troyan, M.D., Harvard Medical School

1:30–3:30 pm

CONCURRENT SESSIONS

The Health of Our Daughters

Girl Trouble in Cyberspace: Protecting the Mental and Physical Health of the Internet Generation

Ilene R. Berson, Ph.D., University of South Florida



Generation Rx: Teenagers' Abuse of Stimulants, Painkillers, and Other Medications



Carol J. Boyd, Ph.D., R.N., F.A.A.N., University of Michigan

Sexual Health of Adolescent Girls: The Role of the Healthcare Professional

Franklin Chang, M.D., Scott & White Clinic, Taylor, TX

Common Clinical Conditions II

Hot Topics in Gastroenterology: Differential Diagnosis of Dyspepsia, GERD, and IBS

Brennan M.R. Spiegel, M.D., M.S.H.S., David Geffen School of Medicine, UCLA

Osteoarthritis: Hidden Causes and New Management Strategies



Mary I. O'Connor, M.D., Mayo Clinic, Jacksonville, FL

Women and Anxiety: What the Primary Care Physician Needs to Know

Jerilyn Ross, C.S.W., Ross Center for Anxiety and Related Disorders, Washington, D.C.

3:30–4:00 pm

Health Break:

Poster Session, Exhibits, and Refreshments

4:00 pm

Beach Time



6:00–7:15 pm

SPECIAL ADDRESS

Advanced Telemedicine Technology: Battlefield Robots, e-ICUs, and More— Clinical Applications at Home and Abroad

Col. Ronald K. Poropatich, M.D., Telemedicine
and Advanced Technology Research Center
(TATRC), U.S. Army Medical Research and
Materiel Command, Fort Detrick, MD

~TUESDAY, JUNE 5~

7:15–8:30 am

BREAKFAST SYMPOSIUM

To be Announced

Supported by a restricted educational grant from
GlaxoSmithKline Consumer Healthcare

8:30–10:15 am

PLENARY SESSION:

Women and Weight: Obesity Management in Primary Care

In collaboration with The Obesity Society

Clinical Assessment of the Overweight/Obese Woman

Jeanine Albu, M.D., Columbia University
College of Physicians and Surgeons

Is Weight Gain Inevitable After Menopause?

Tamara B. Harris, M.D., National Institute on
Aging, NIH

10:15–10:45 am

Health Break:

Poster Session, Exhibits, and Refreshments

10:45 am–12:30 pm

Women and Weight: Tools for the Office

Lifestyle Modification: Diet and Exercise Approaches for Lasting Weight Control

Enette Larson-Meyer, Ph.D., R.D., F.A.C.S.M.,
University of Wyoming

Bariatric Surgery: Essential Primary Care Before and After

Robin P. Blackstone, M.D., F.A.C.S., Scottsdale
Bariatric Center, Scottsdale, AZ

Panel Discussion

12:30 pm

Meeting Adjourns

Bring Your Family!

Child care and activities are available
for ages 3–12 years. For information
contact the Marriott Hotel Recreation
Staff at (843) 686-8424.

RESORT INFORMATION...



Book now! Last year's hotel was sold out.

Hilton Head Marriott Beach & Golf Resort, Hilton Head Island, SC 29928, (843)
686-8400. Ask for the special resort rates for the Congress on Women's Health.

TRAVEL

Please call our official travel agent, Wayne Coven, at Empress Travel, (800) 933-9054 or (212) 410-9990 for flight information for Hilton Head Island and Savannah. The Hilton Head airport is very close to the resort and the Savannah airport is a van ride away. For transportation from Savannah airport to Hilton Head Island, contact Low Country Transportation at (800) 845-5582 or (843) 681-8212 or www.lowcountryadventures.com at least 24 hours prior to arrival and ask for the special Congress on Women's Health rate—PIN number 1273.

ACCREDITATION

Physicians: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of South Florida College of Medicine and *Journal of Women's Health*. The University of South Florida College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of South Florida College of Medicine designates this educational activity for a maximum of 16.5 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses (ANCC): The University of South Florida College of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This activity is for 16.5 contact hours.

Pharmacists: The University of South Florida College of Medicine is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program has been approved for 16.5 contact hours. Universal program number: 230-999-07-001-L01



To receive continuing education credit, a pharmacist must attend the accredited sessions and must return the program evaluation instrument. In order to receive full credit, registrants must register no later than 10 minutes after the start of the meeting and must attend the entire meeting.

ADA: The University of South Florida, College of Public Health, CO001 is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR) from 2/22/04 to 2/21/07. Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive up to 16.5 continuing professional education units (CPEUs) for completion of this program/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program or materials.

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SOUTH FLORIDA

www.bioconferences.com/wh

Widespread Praise for the Annual Congress on Women's Health...

"Excellent program...I will definitely spread the word to my colleagues."

Yolanda Hacker, M.D., Atlanta

"The lectures were topical and the discussions were spirited. Befriending some wonderfully dynamic women was an added bonus."

Cathy Sila, M.D., Cleveland Clinic Foundation

"It was a pleasure to hear cutting-edge information presented by high-powered speakers in such a friendly environment."

Ann Morrison, R.N., Johns Hopkins

"Excellent program!"

Mary Frances Picciano, Ph.D., Office of Dietary Supplements, NIH

"The Congress is a veritable Babette's feast, rich in its mix of scientific and social delights."

Allan Hobson, M.D., Harvard

"Excellent range of speakers....a great refresher course in two days in a lovely locale!"

Stacie Geller Ph.D., University of Illinois College of Medicine

"The beautiful setting provided a relaxing backdrop for meaningful continuing education that influenced my practice this year."

Jo Ann Carson, M.D., University of Texas Southwestern Medical Center

"This conference format allows the audience to interact with the faculty in a way that allows both groups to expand their horizons."

Albert Ray, M.D., Director, Pain Medicine Solutions

"One of the best conferences I have ever attended."

Gail W. Stuart, Ph.D., APRN, Dean of Nursing, Medical University of South Carolina

"The sessions were rich with information on women's issues."

Debbie Drew, N.P. Greeley, Colorado

"The topics address broad and important issues yet the size and location are intimate, facilitating interaction among attendees and faculty."

Donna H Ryan, M.D., Pennington Biomedical Research Center, Baton Rouge, LA

"The Congress offers up-to-date information on a wide range of women's health topics...The location is ideal for both business and pleasure."

Lin Chang, M.D., UCLA

"Wonderful clinical pearls for practice...and treatment of the soul (adequate beach time) make the Hilton Head Conference a must each year!"

Judy Bagley, RNC, WHN, All Saints Medical Group, Racine, WI

Journal of Women's Health is a monthly, multidisciplinary peer-reviewed MEDLINE journal focusing on the diseases and conditions that hold greater risk for or are more prevalent among women. The Journal presents cutting-edge research and therapeutic options for the management of disease in women, as well as findings from gender-based biology that explain many of the known gender differences in disease, epidemiology, and health outcomes. The Journal is published both in print and online.

Editor-in-Chief: Susan G. Kornstein, M.D., Virginia Commonwealth University

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See the Following Page for Congress Registration Form

The 15th Annual
**Congress on
Women's Health**



June 2-5, 2007

**An Outstanding Program
Presented by an
Outstanding Faculty**

Please Check All Appropriate Boxes

	Early Discount (before 4/6)	Regular (4/7-5/25)	On-Site (after 5/26)
<input type="checkbox"/> Physician/Industry Professional	\$599	\$650	\$675
<input type="checkbox"/> Nurses	399	450	475
<input type="checkbox"/> Resident/Intern/Fellow	399	450	475
<input type="checkbox"/> One-Day Rate: \$375 per day		<input type="checkbox"/> Tuesday Only: \$125	

Payment Options

Amount Paid: \$ _____

Enclosed is my check/money order for \$ _____
All checks must be made payable to BioConferences International, Inc., and drawn on a U.S. bank or clearinghouse.

Charge: Amex/Optima Visa/Mastercard
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Please Send Info On: Exhibiting Opportunities Sponsorship
 Advertising in the *Journal of Women's Health*

Cancellation Policy: Written cancellation received prior to April 27 will receive a refund less a \$175 processing fee. Cancellation after this date is non-refundable; however, substitutions from the same company are welcomed. If for any reason this conference is cancelled, BioConferences International, Inc. is not responsible for covering airfare, hotel, or other costs incurred by conference registrants.

The 15th Annual
Congress on Women's Health

June 2-5, 2007

**Last Year's Congress and Resort Were Completely Sold Out, So Please
Register Early to Ensure Availability**

Special events are all included in the registration fees.

www.bioconferences.com/wh

Name _____ Degree(s) _____

Medical Specialty _____ Title _____

Affiliation _____

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