Breastfeeding: The Road to Health

The 13th Annual International Meeting, “Breastfeeding: The Road to Health,” presented by the Academy of Breastfeeding Medicine, will include world-class speakers providing cutting-edge research and clinical information on current issues in breastfeeding medicine. Our speakers are among leaders of research and clinical medicine in the world of breastfeeding and human lactation.

The ABM Annual International Meeting focuses on the most authoritative and up-to-date clinical information on breastfeeding, spanning both maternal and child health issues. A significant educational opportunity, the 2008 meeting is an ideal context for physicians to continue their professional education in a highly respected, stimulating environment, while earning continuing medical education credits. This year’s meeting will also offer the one-day pre-conference course, “What Every Physician Needs to Know About Breastfeeding.”

Participating physicians will have the opportunity to meet and share knowledge and experiences with other participants and speakers from around the world, in addition to attending ABM committee meetings, poster and platform abstract presentations, a banquet and reception, and other special events. This year’s meeting will feature the Third Annual Founders’ Lecture, “Breastfeeding: A Link Between Mother and Child,” presented by renowned physician, W. Allan Walker, MD from Harvard Medical School and Massachusetts General Hospital-East.

In addition to the physician meeting, a health team meeting for non-physician health professionals will be offered featuring dynamic, influential experts in the field of breastfeeding medicine.

A culminating event will be the special Saturday night closing reception at the Detroit Institute of Arts for all conference participants and invited healthcare leaders.
Conference Objectives
At the conclusion of this course, participants should be able to:
1. Describe the effects of breastfeeding on maternal metabolism and hyperbilirubinemia.
2. Explain the epidemiology and bacteriology of lactation mastitis.
3. Describe the preparation for hospital discharge for breastfeeding the premature infant.
4. Discuss the historical and current public health implications of breastfeeding.
5. Describe the effects of infant sucking on milk ejection.

FRIDAY, OCTOBER 24th

7:00 am – 8:00 am
CONTINENTAL BREAKFAST

8:00 am – 8:30 am
OPENING REMARKS
Caroline J. Chantry, MD, FABM
ABM President
Department of Pediatrics
University of California Davis Medical Center
Sacramento, CA

8:30 am – 9:30 am
Evolution of Breastfeeding: Public Health Implications
Mari E. Douma, DO
Michigan State University
Lansing, MI

9:30 am – 10:30 am
Breastfeeding, Hyperbilirubinemia, and Kernicterus
M. Jeffrey Maisels, MD
William Beaumont Hospital
Royal Oak, MI

10:30 am – 11:00 am
Break with Exhibits

11:00 am – 12:00 pm
Abstract Presentations

12:00 pm – 2:00 pm
ABM Annual Business Meeting & Luncheon

2:00 pm – 3:00 pm
Milk Ejection and Infant Sucking
Katsumi Mizuno, MD, PhD
Showa University School of Medicine
Tokyo, Japan

3:00 pm – 3:30 pm
Break with Exhibits

3:30 pm – 5:00 pm
The Premature Infant Goes Home: Can Breastfeeding Succeed?
Richard J. Schanler, MD
Albert Einstein College of Medicine
Schneider Children’s Hospital at North Shore
Manhasset, NY

6:00 pm – 7:00 pm
Opening Reception for Research Posters

7:00 pm – 9:00 pm
Annual Banquet

SATURDAY, OCTOBER 25th

7:00 am – 8:30 am
CONTINENTAL BREAKFAST

8:30 am – 9:30 am
The Spectrum of Lactation Mastitis
Cibele Barbosa-Cesnik, MD
University of Michigan School of Public Health
Ann Arbor, MI

9:30 am – 10:30 am
Pregnancy, Lactation, and Maternal Metabolism
Alison Stuebe, MD
University of North Carolina at Chapel Hill, School of Medicine
Chapel Hill, NC

10:30 am – 11:00 am
Break with Exhibits

11:00 am – 12:00 pm
Breastfeeding Support for Low-Income Families: What Works?
Beth H. Olson, PhD
Department of Food Science and Human Nutrition
Michigan State University
East Lansing, MI

12:15 pm – 2:00 pm
Luncheon with ABM Board of Directors

Maternity Leave: Are We Heading in the Right Direction?
Gerald Calvin, MD, FABM
ProHealth Physicians
University of Connecticut School of Medicine
Enfield, CT

2:00 pm – 3:30 pm
Abstract Presentations

3:30 pm – 4:00 pm
Break with Exhibits
SCHOLARSHIPS AVAILABLE!

Scholarships for ABM members are available from ABM’s Maurice Rosefelt Scholarship Fund for the 13th Annual International Meeting! To apply, go to the website and click on “2008 meeting” to check eligibility (www.bfmed.org). E-mail a one-page letter to mrfscholarships@bfmed.org outlining your eligibility criteria.

Maurice Rosefelt Scholarship Fund

The Maurice Rosefelt Scholarship Fund was established to encourage participation of members in the presentation of a scholarly work at the ABM Annual International Meeting who otherwise would be unable to participate due to financial hardship. Geared towards physicians demonstrating leadership and research potential in breastfeeding, special attention will be given to residents, students, and members outside of the United States.

CAN’T COME? CONTRIBUTE INSTEAD!

Though you may not be able to attend our conference this year, we hope that you will still support our mission by making a donation to ABM. As a thank you, we will recognize your generosity in the final conference program. In addition, if you donate $100 or more, we will also acknowledge your support at the special Saturday night closing reception. For more information about donating to ABM, visit our website (www.bfmed.org).

Friends of the Academy - discount

A special conference discount is available to healthcare professionals who make a philanthropic contribution to the Friends of the Academy in support of our mission. With a minimum contribution of $150, you will receive a discount at this year’s ABM meeting, one year’s subscription to ABM’s peer-reviewed journal, Breastfeeding Medicine, and recognition in the final conference program and at the special Saturday night closing reception.

CALL FOR ABSTRACTS!
Deadline: June 15th
Submit to: abstracts@bfmed.org

ABM Conference Committee
Timothy J. Tobolic, MD (2008 Conference Chair; Family Medicine)
Debra Bogen, MD, FABM (2008 Abstracts Chair; Pediatrics)
Michelle Brenner, MD (2009 Conference Chair; Pediatrics)
Pamela D. Berens, MD, FABM (Obstetrics and Gynecology)
Ruth A. Lawrence, MD, FABM (Neonatology)
Elien Rouw, MD (Preventive Medicine/Public Health)
Tomoko Seo, MD, FABM (Pediatrics)
Joan Younger Meek, MD, FABM
(Pre-conference Course Director; Pediatrics)
The 13th Annual International Meeting of the Academy of Breastfeeding Medicine

Health Team Meeting Program
OCTOBER 25-26, 2008

Conference Objectives
At the conclusion of this course, participants should be able to:
1. Assess the cultural needs of breastfeeding families.
2. Describe the effects of infant sucking on milk ejection.
3. Evaluate nipple variations and effects on breastfeeding.
4. Discuss the unique challenges of breastfeeding in the NICU.
5. Describe the effects of introducing a bottle to the breastfeeding infant.
6. Assess and discuss maternal reasons for using breast pumps.

SATURDAY, OCTOBER 25th

7:00 am – 8:00 am
CONTINENTAL BREAKFAST

8:00 am – 8:30 am
OPENING REMARKS

Caroline J. Chantry, MD, FABM
ABM President
Department of Pediatrics
University of California Davis Medical Center
Sacramento, CA

Sheela R. Geraghty, MD, FABM
Center for Breastfeeding Medicine
Cincinnati Children’s Hospital Medical Center
Cincinnati, OH

Khawar Mohsini, MD
Saginaw General Hospital
Saginaw, MI

11:00 am – 12:00 pm
Supporting Women with Nipple Variations
Amanda Kaufman, MD
University of Michigan
Ann Arbor, MI

12:00 pm – 2:00 pm
Luncheon with ABM Board of Directors

2:00 pm – 3:30 pm
Cultural Competence in Breastfeeding Promotion
Jay Moerland, MD
University of Utah School of Medicine
Salt Lake City, UT

Kiddada Ramey, Executive Director
Black Mothers Breastfeeding Association
Detroit, MI

SUNDAY, OCTOBER 26th

7:00 am – 8:00 am
CONTINENTAL BREAKFAST (with the Physician Meeting)

Special Breakfast Roundtable:
Ask the Breastfeeding Research Experts
Interested in help with, or have questions about, a breastfeeding-related research project? If so, please join a group of experienced researchers for an open breakfast roundtable question-answer session.

8:00 am – 9:00 am
Special Reception at the Detroit Institute of Arts

9:00 am – 10:00 am
Supporting Women with Nipple Variations
Amanda Kaufman, MD
University of Michigan
Ann Arbor, MI

10:00 am – 11:00 am
Cultural Competence in Breastfeeding Promotion
Jay Moerland, MD
University of Utah School of Medicine
Salt Lake City, UT

Kiddada Ramey, Executive Director
Black Mothers Breastfeeding Association
Detroit, MI

11:00 am – 12:00 pm
Why Not Just One Bottle?
Lori B. Feldman-Winter, MD, MPH, FABM
Children’s Regional Hospital at Cooper
UMDNJ - Robert Wood Johnson Medical School
Camden, NJ

12:00 pm – 1:00 pm
Closing Remarks/Adjournment
Caroline J. Chantry, MD, FABM
ABM President
Department of Pediatrics
University of California Davis Medical Center
Sacramento, CA
Pre-conference Course Program
THURSDAY, OCTOBER 23, 2008

“What Every Physician Needs to Know About Breastfeeding”
Pre-Conference Course Director and Moderator
Joan Younger Meek, MD, FABM
Arnold Palmer Medical Center
Florida State University College of Medicine
Orlando, FL

Moderator
Nancy E. Wight, MD, FABM
Attending Neonatologist
Medical Director, Lactation Services
Sharp Mary Birch Hospital for Women
San Diego, CA

Course Objectives
At the conclusion of this course, participants should be able to:
1. Understand the role of the physician in breastfeeding support.
2. List benefits of breastfeeding for mothers and children.
3. Describe physiologic control of milk production.
4. Assess adequacy of infant milk intake.
5. Describe hospital policies which support optimal breastfeeding.
6. Assess infant positioning and latch.
7. Evaluate and manage infant jaundice.

7:00 am – 8:00 am
CONTINENTAL BREAKFAST

8:00 am – 8:15 am
OPENING REMARKS
Joan Younger Meek, MD, FABM
Pre-conference Course Director
Arnold Palmer Medical Center
Florida State University College of Medicine
Orlando, FL

8:15 am – 8:45 am
Why Breastfeed? Risks of Not Breastfeeding
Miriam H. Labbok, MD, MPH, FABM
Center for Infant and Young Child Feeding and Care
Department of Maternal and Child Health
University of North Carolina at Chapel Hill
Chapel Hill, NC

8:45 am – 9:15 am
The Process of Breastfeeding: Anatomy & Physiology
Ruth A. Lawrence, MD, FABM
Editor-in-Chief, Breastfeeding Medicine
Division of Neonatology
Department of Pediatrics
University of Rochester School of Medicine & Dentistry
Rochester, NY

9:15 am – 9:45 am
Normal Management of Breastfeeding
Joan Younger Meek, MD, FABM
Pre-conference Course Director
Arnold Palmer Medical Center
Florida State University College of Medicine
Orlando, FL

9:45 am – 10:15 am
How Babies Learn to Breastfeed
Christina M. Smillie, MD, FABM
Medical Director, Breastfeeding Resources
Stratford, CT

10:15 am – 10:45 am
Break with Exhibits

10:45 am – 12:45 pm
BREASTFEEDING CASES
Preconceptional/Prenatal Care
Alicia Dermer, MD, FABM
UMDNJ
Robert Wood Johnson Medical School
Freehold, NJ

The Hospital Follow-Up Visit
Lori B. Feldman-Winter, MD, MPH, FABM
Children's Regional Hospital at Cooper
UMDNJ
Robert Wood Johnson Medical School
Camden, NJ

Managing Maternal Complications
Pamela D. Berens, MD, FABM
Department of Obstetrics, Gynecology & Reproductive Sciences
University of Texas Medical School at Houston
Houston, TX

Managing Infant Complications
Nancy E. Wight, MD, FABM
Attending Neonatologist
Medical Director, Lactation Services
Sharp Mary Birch Hospital for Women
San Diego, CA

Breastfeeding the Late Preterm Infant
Eyla G. Boies, MD
Department of Pediatrics
University of California
San Diego School of Medicine
La Jolla, CA

12:45 pm – 2:00 pm
Lunch (on your own)

2:00 pm – 2:30 pm
Breastfeeding and Maternal Medications
Amy E. Evans, MD, FABM
Center for Breastfeeding Medicine
University of California, San Francisco – Fresno, Medical Education Program
Fresno, CA

2:30 pm – 3:15 pm
Managing Maternal Complications
Pamela D. Berens, MD, FABM
Department of Obstetrics, Gynecology & Reproductive Sciences
University of Texas Medical School at Houston
Houston, TX

3:15 pm – 4:00 pm
Managing Infant Complications
Nancy E. Wight, MD, FABM
Attending Neonatologist
Medical Director, Lactation Services
Sharp Mary Birch Hospital for Women
San Diego, CA

3:45 pm – 4:15 pm
The Breastfeeding Friendly Office Practice
Anne Eglash, MD, FABM
Department of Family Medicine
University of Wisconsin School of Medicine and Public Health
Madison, WI

4:00 pm – 4:30 pm
The Breastfeeding Friendly Office Practice
Anne Eglash, MD, FABM
Department of Family Medicine
University of Wisconsin School of Medicine and Public Health
Madison, WI

4:30 pm – 5:00 pm
Post-Test and Evaluations

5:00 pm
Pre-Conference Course Adjourns
Thursday, October 23rd

8:00 am – 5:00 pm
Pre-conference Course: “What Every Physician Needs to Know About Breastfeeding”
(Open to physicians and healthcare professionals.
Pre-registration fee: $95)

8:30 am – 12:00 pm
Fellows Roundtable Discussion
Coordinators:
Nancy G. Powers, MD, FABM
ABM Treasurer; Fellowship and Awards Committee Co-Chair
Audrey J. Naylor, MD, DrPH, FABM
ABM Council of Advisors; Founder; Fellowship and Awards Committee Co-Chair
All ABM Fellows are invited to attend this session designed to stimulate discussion about advanced topics in breastfeeding medicine. This will include discussions of public health topics, ethical considerations, significant case studies, and useful formats to consider, such as seminars and journal clubs.
(Attendance limited to ABM Fellows. Pre-registration required. No charge, no CME credit.)

5:00 pm – 7:00 pm
AAP Chapter Breastfeeding Coordinator Session

Friday, October 24th

7:00 am – 8:00 am
Committee Meetings
Finance Committee
Membership Committee
Breastfeeding Medicine Editorial Board Meeting

SATURDAY, OCTOBER 25th

6:00 pm – 7:00 pm
Opening Reception for Research Posters

7:00 pm – 9:00 pm
Annual Banquet
(One complimentary banquet ticket included in Physician registration. Additional tickets: $60.)

SUNDAY, OCTOBER 26th

7:00 am – 8:00 am
CONTINENTAL BREAKFAST

Special Breakfast Roundtable: Ask the Breastfeeding Research Experts
(Attendance open to all conference participants.)

2008 Fellows Breakfast Meeting
(Attendance open to 2008 Fellows.)

TRAVEL AND HOTEL INFORMATION...Book Early!
The Ritz-Carlton, 300 Town Center Drive, Dearborn, Michigan, 48126.
Phone: (313) 441-2000. Website:www.ritzcarlton.com. Ask for the special conference rate of $149 for the Academy of Breastfeeding Medicine’s 13th Annual International Meeting. To book online with the special discount rate, please use the Group Code, “ABMABMA” and then click, “Show rates and rooms.” Hotel rooms sold out early last year, so book before September 15th.

Please call our official travel agent, Wayne Coven, at Empress Travel (800) 933-9054 or (212) 410-9990 for flight information to Detroit, Michigan. The Ritz-Carlton is 13 miles from the Detroit Metro Airport. The Ritz-Carlton recommends Metro Car for your transportation needs. Visit www.metrocars.com or call the hotel’s Concierge Desk at (313) 441-2000, ext. 3450 to inquire about available services and fees.

For tourist information, visit: www.visitdetroit.com, www.cityofdearborn.org and www.dia.org

ACCREDITATION
This activity has been planned and implemented in accordance with the essential areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The University of Texas Medical Branch at Galveston (UTMB), The University Medical School at Houston, and the Academy of Breastfeeding Medicine. UTMB is accredited by the ACCME to provide continuing medical education for physicians.

CERTIFICATION
The University of Texas Medical Branch at Galveston designates the Physician Meeting for a maximum of 17.75 AMA PRA Category 1 Credits™. The Health Team Meeting has been designated for a maximum of 12 AMA PRA Category 1 Credits™. The Health Team Meeting has been approved by the American Association of Critical Care Nurses (AACN) for 12 Contact Hours, Category A, File Number 2008 – (1120). The WEPNTKAB pre-conference course has been designated for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians and health professionals should only claim credit commensurate with the extent of their participation in the activity.

Physician Meeting: 17.75 CME credits
Health Team Meeting: 12.0 CME and CNE credits
WEPNTKAB Pre-conference Course: 7.0 CME credits

Application for credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

CERPs: Applied for from The International Board of Lactation Consultant Examiners.
Breastfeeding: The Road to Health

Widespread Praise for ABM’s Annual International Meeting

“ABM’s conference is a wonderful opportunity to hear cutting-edge research in the area of lactation. The information presented will have you thinking about lactation in a whole new light.”

Julie Lothamer, MS
State of Michigan WIC Program
Michigan State University
Extension Breastfeeding Initiative
East Lansing, MI

“Dr. Allan Walker is the best gastro-enterologist in the world and his comments and studies with respect to breastfeeding-microbiota and immunity are very important for everybody.”

Concepción de Alba Romero, MD, PhD
Hospital 12 Octubre – Neonatology
Madrid, Spain

“The Annual Meeting is a great opportunity to network with other physicians who hold a passion to support breastfeeding through education and research.”

Edward R. Newton, MD, FABM
Professor and Chair
Department of Obstetrics and Gynecology
Brody School of Medicine
East Carolina University
Greenville, NC

“The Annual International ABM Meeting is a ‘must attend’ for anyone interested in breastfeeding medicine in promotional efforts, direct clinical work, research, and/or in teaching colleagues and doctors-in-training.”

Amy E. Evans, MD, FABM
Center for Breastfeeding Medicine
University of San Francisco-Fresno
Medical Education Program
Fresno, CA

“The ABM meeting is truly the very best networking opportunity with top physicians dedicated to breastfeeding medicine from all around the world.”

Kinga A. Szucs, MD
Indiana University School of Medicine
Family Beginnings
Wishard Health Services
Indianapolis, IN

“A wondrous gathering for 21st century Alchemists, who together, have the power and process to transform something common into something golden.”

Verity Livingstone, MD, MBBS, FABM
University of British Columbia
Vancouver, Canada

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Verity Livingstone, MD, MBBS, FABM
University of British Columbia
Vancouver, Canada

This Peer-Reviewed Medical Journal will Enable Physicians to Better Understand all the Complexities and Benefits of Breastfeeding

This academic, peer-reviewed journal created by physicians, dedicated to the advancement of breastfeeding worldwide, provides a scientific forum on breastfeeding and human lactation. With the growing demand for the best evidence-based research advances, this interdisciplinary journal explores the immediate and long-term outcomes of breastfeeding. The Journal focuses on all medical aspects pertaining to breastfeeding and addresses the wide spectrum of research and clinical applications that impact upon the optimal care of mother and infant.

Breastfeeding Medicine publishes original scientific papers, reviews, and case studies on a wide spectrum of topics.

Editor-in-Chief
Ruth A. Lawrence, MD, FABM
Division of Neonatology
Department of Pediatrics
University of Rochester School of Medicine and Dentistry Rochester, NY

For a free sample copy call (800) M-LIEBERT, (914) 740-2100, or access a sample copy online at www.liebertpub.com/bfm
The Academy of Breastfeeding Medicine Presents... The 13th Annual International Meeting: “Breastfeeding: The Road to Health”

REGISTRATION OPTIONS

**Physician Meeting**
- ABM Members: $535 (Early Discount) / $590 (Regular and On-site)
- Non-Members: $635 (Early Discount) / $690 (Regular and On-site)
- Students/Resident Members: $370 (Early Discount) / $370 (Regular and On-site)
- Students/Resident Non-Members: $400 (Early Discount) / $400 (Regular and On-site)

**Health Team Meeting**
- Health Team Meeting participant: $175 (Early Discount) / $195 (Regular and On-site)
- Friends of the Academy - discount: $155 (Early Discount) / $175 (Regular and On-site)

**Other Activities**
- Pre-conference Course: WEPNTKAB: $95 (Early Discount) / $95 (Regular and On-site)
- Fellows Roundtable (FABM’s only): No fee (Early Discount) / No fee (Regular and On-site)
- Additional Friday Banquet Ticket 10/24*: $60 (Early Discount) / $60 (Regular and On-site)
- Additional Saturday Reception Ticket 10/25*: $60 (Early Discount) / $60 (Regular and On-site)

TOTAL: $______

*One banquet and reception ticket is included in the registration fee for the Physician Meeting and one reception ticket for the Health Team Meeting.

Payment Options:
- Enclosed is my check/money order for $_________
- Charge $__________ to: Credit Card: □ Visa/MasterCard □ American Express □ Discover
- Card #: ______________ Exp. Date __________
- Name on Card: ____________________________
- Billing Address: ____________________________
- City: __________________ State: ________ Zip/Postal Code: __________
- Signature: __________ Date: __________

Conference Registration Information:

Name: ____________________________ Degree(s): ____________
Title: ____________________________
Department: ____________________________
Affiliation/Organization: ____________________________
Medical Specialty: ____________________________ Medical License #: ____________
Address: ____________________________
City: __________________ State/Province: ________ Zip/Postal Code: __________
Country: ____________________________ E-Mail*: ____________________________
Phone: ____________________________ Fax: ____________________________
Special Dietary Needs: ____________________________

*Registrations will not be processed without a valid email. All email addresses will be kept confidential.

Submit registration form by mail, phone, fax, or register online at www.bfmed.org.

Cancellation policy: Written cancellations received prior to September 22nd for the Physician Meeting will receive a refund, less a $150 processing fee (or less a $50 processing fee for the Health Team Meeting). Cancellations after this date are non-refundable; however, substitutions from the same organization are welcomed.

If, for any reason, this conference is cancelled, The Academy of Breastfeeding Medicine is not responsible for covering airfare, hotel, or other costs incurred by conference registration.

The Academy of Breastfeeding Medicine
140 Huguenot Street, 3rd Floor
New Rochelle, NY 10801-5215
Phone: 800.990.4ABM or 914.740.2115

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