



# Women's Health 2014

## The 22<sup>nd</sup> Annual Congress

**April 4–6, 2014**

Grand Hyatt • Washington, DC



### Check Inside for

- Special Pre-Conference Workshop April 3, 2014
- Special Discounts for AWH members and groups
- Sneak Peek – 2014 Honorees

**The *only* meeting focused exclusively on**  
***Best Practices for Better Outcomes***

#### Featuring

- 23.5 CME/CNE credits
- World renowned presenters from top institutions
- Cutting edge diagnostic & therapeutic protocols for female patients
- Extensive Poster and Abstract exhibit
- Collaborative learning
- Professional networking opportunities

Journal of  
**Women's Health**

**VCU** Institute for Women's Health

**In partnership with**

NIH Office of Research  
on Women's Health

HHS Office  
on Women's Health

Society for  
Women's Health Research

# You're Invited!

Join us for a special award presentation and reception to honor our 2014 Award recipients



## **Bernadine Healy Award for Visionary Leadership in Women's Health**

**Virginia Miller, PhD**

*Professor of Physiology and Surgery  
Mayo Clinic College of Medicine*

## **Journal of Women's Health Award for Outstanding Achievement in Women's Health**

**Laura Esserman, MD, MBA**

*Professor of Surgery and Radiology  
Director, Carol Franc Buck Breast Care Center,  
University of California, San Francisco*

## Conference Learning Objectives

**After completing this activity, the participant should be better able to:**

- ♦ Implement the most current guidelines for screening a variety of disease states affecting women across their lifespan
- ♦ Employ evidence-based approaches for the diagnosis of diseases impacting all aspects of women's health
- ♦ Incorporate evidence-based management strategies to address disease states impacting women's health
- ♦ Utilize evidence-based treatment strategies to provide care for women's sexual health including care for women with a history of sexual assault
- ♦ Provide care, counsel, and education to female patients to promote health management and disease prevention

## CME Info

Jointly sponsored by Postgraduate Institute for Medicine, Academy of Women's Health, and Institute for Professional Education.



Postgraduate Institute  
for Medicine

### **CME/CE Credit Designation**

This activity has been approved for AMA PRA Category 1 Credit(s)™.

This activity is also certified for ANCC, AAFP, and AANP credits.

For full accreditation information, go to:

[www.bioconferences.com/Conferences/WomensHealth](http://www.bioconferences.com/Conferences/WomensHealth)

### **Our conference received rave reviews...**

"Clinically applicable topics"

"Fast-paced yet comprehensive"

"Fantastic presenters"

"Ground-breaking information"

"Highly relevant to clinicians treating female patients of all ages"

**[www.congress.academyofwomenshealth.org](http://www.congress.academyofwomenshealth.org)**

# Women's Health 2014



**Thursday, April 3**

## **Pre-Conference Workshop**

**2:30–5:00 pm—What's the Difference?**

**Sex & Gender Influences on Women's Health**

*Session presented by the NIH Office of Research on Women's Health*

**7:15 pm—Academy of Women's Health Board Dinner**

**Friday, April 4**

**7:00 am—REGISTRATION & CONTINENTAL BREAKFAST**

**7:45 am—Welcome Opening Remarks**

**8:00 am—Weight Management: One Size Does Not Fit All**

**David Katz, MD, MPH, FACP, Director, Prevention Research Center,  
Yale University School of Medicine**

**8:45 am—Persistent Vaginitis: Practical Approaches to Care**

**Jeanne Marazzo, MD, MPH, Professor of Medicine, University of Washington**

**9:30 am—Controversies in Postmenopausal Osteoporosis**

**Joel Finkelstein, MD, Associate Professor of Medicine, Harvard Medical School;  
Associate Director, Bone Density Center, Massachusetts General Hospital**

**10:15 am—Networking Break, Posters: Exhibit Hall**

**10:45 am—Management of STIs: Challenges in Practice**

**Alison Marshall, RN, MSN, FNP, Sylvie Ratelle STD/HIV Prevention Center of New  
England, Massachusetts Department of Health**

**11:15 am—Update on Polycystic Ovary Syndrome**

**John Nestler, MD, Professor and Chair of Internal Medicine,  
Virginia Commonwealth University School of Medicine**

**12:00 pm—LUNCHEON PRESENTATION**

**Fibroids: New Options in Medical & Surgical Management**

**Linda Bradley, MD, Professor of Surgery & Vice Chair,  
Department of Obstetrics and Gynecology, Cleveland Clinic**

**1:30 pm—Vivian Pinn Women's Health Research Keynote**

**Breast Cancer Screening: Benefits and Harms**

**Laura Esserman, MD, MBA, Professor of Surgery and Radiology,  
Director, Carol Franc Buck Breast Care Center, University of California, San Francisco**

**2:15 pm—Menopause Management: Where Are We Now?**

**Jan Shifren, MD, Associate Professor of Ob/Gyn and Reproductive Biology,  
Harvard Medical School; Director, Menopause Program, Massachusetts General Hospital**

Continued 

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**3:00 pm—Networking Break, Posters: Exhibit Hall**

**3:30 pm—Hypertension Across a Woman's Lifespan: Clinical Pearls**

Karol Watson, MD, *Professor of Medicine, Director,  
UCLA Women's Cardiovascular Center, University of California, Los Angeles*

**4:15 pm—Preventing Unintended Pregnancy: Old Misconceptions, New Data**

Jeffrey Peipert MD, MPH, MHA, *Robert J. Terry Professor,  
Department of Obstetrics and Gynecology, Washington University School of Medicine*

**5:00 pm—News You Can Use: Recent Studies That Have Changed My Practice**

Melissa McNeil, MD, MPH, *Professor of Medicine, Obstetrics,  
Gynecology and Reproductive Sciences, University of Pittsburgh Medical Center*

**5:45 pm—Adjourn**

**6:15–7:15 pm—Academy of Women's Health Members Cocktail Reception**

## Saturday, April 5

**7:00 am—BREAKFAST SYMPOSIUM**

**8:30 am—Abnormal Uterine Bleeding: What Now, What Next?**

Christine Isaacs, MD, *Associate Professor of Obstetrics and Gynecology,  
Virginia Commonwealth University School of Medicine*

**9:15 am—Psychiatric Issues in Women: Beyond Depression**

Heidi Combs, MD, *Assistant Professor of Psychiatry & Behavioral Sciences,  
University of Washington*

**10:00 am—Networking Break, Posters: Exhibit Hall**

**10:30 am—Management of Urinary Tract Infections: Show Me the Evidence**

Thomas Hooton, MD, *Associate Dean & Director, Institute for Women's Health;  
Professor of Clinical Medicine, University of Miami Miller School of Medicine*

**11:15 am—Paps & Pelvics: Where Do We Stand?**

Michael Policar, MD, MPH, *Professor of Obstetrics, Gynecology and Reproductive Sciences,  
UCSF School of Medicine, Bixby Center for Global Reproductive Health,  
University of California, San Francisco*

**12:15 pm—LUNCHEON PRESENTATION**

**Sexual Health: Do Ask, Do Tell**

Sheryl Kingsberg, PhD, *Professor of Psychiatry, Obstetrics & Gynecology,  
Case Western Reserve University School of Medicine*

**1:45 pm—The Trudy Bush Lecture**

**New Insights in Sex Hormones and Cardiovascular Disease**

Virginia Miller, PhD, *Professor of Physiology and Surgery, Mayo Clinic College of Medicine*

**2:30 pm—Fibromyalgia: Where Do I Begin?**

Lenore Buckley, MD, MPH, *Professor of Medicine, Yale University School of Medicine*

**3:15 pm—Networking Break, Posters: Exhibit Hall**

**3:45 pm—A New Look at Incontinence Evaluation and Management**

Catherine Matthews, MD, *Chief of Urogynecology,  
Associate Professor of Obstetrics & Gynecology, University of North Carolina at Chapel Hill*

**4:30 pm—Sexual Violence: What the Clinician Needs to Know**

Elizabeth Miller, MD, PhD, *Chief, Adolescent Medicine,  
Associate Professor of Pediatrics, University of Pittsburgh Medical Center*

**5:15 pm—Congress Awards and Poster Reception: Exhibit Hall**

For more information, please visit:  
[www.congress.academyofwomenshealth.org](http://www.congress.academyofwomenshealth.org)

# Register Today and Save!

**Sunday, April 6**

**7:00 am—BREAKFAST SYMPOSIUM**

**8:30 am—GI Issues in Women**

**Patrick Young, MD**, *Associate Professor of Medicine,  
Division of Gastroenterology, Uniformed Services University of the Health Sciences*

**9:15 am—Cornerstones of Reproductive Health Care**

*In collaboration with the US Department of Health & Human Services*

**Practice Recommendations for Contraceptive Use: Update**

**Michael Policar, MD, MPH**, *Professor of Obstetrics, Gynecology and Reproductive Sciences,  
UCSF School of Medicine, Bixby Center for Global Reproductive Health,  
University of California, San Francisco*

**Family Planning & Preconception Care: Best Practice Guidelines**

**Susan Moskosky, MS, RNC**, *Deputy Director, Office of Population Affairs,  
US Department of Health & Human Services*

**10:15 am—Networking Break, Posters: Exhibit Hall**

**10:45 am—Special Session on Dermatology in Women's Health**

**Dermatologic Care of Women: Choosing & Using Topical Steroids**

**Julia Nunley, MD**, *Professor of Dermatology, Program Director, Dermatology,  
Virginia Commonwealth University Medical Center*

**11:30 am—Vulvovaginal Dermatology**

**Michael Policar, MD, MPH**, *Professor of Obstetrics, Gynecology and Reproductive Sciences,  
UCSF School of Medicine, Bixby Center for Global Reproductive Health,  
University of California, San Francisco*

**12:15 pm—Adjourn**

See our brochure and register online at:

**[www.congress.academyofwomenshealth.org](http://www.congress.academyofwomenshealth.org)**

**Fax:** 914-740-2105

**Mail:** Academy of Women's Health  
140 Huguenot Street – 3rd floor  
New Rochelle, NY 10801

**Questions?**

**Email:** [awh@academyofwomenshealth.org](mailto:awh@academyofwomenshealth.org)

**Call:** 914-740-2181



**Join the Academy of Women's Health**  
**[www.academyofwomenshealth.org](http://www.academyofwomenshealth.org)**

**JOIN NOW  
& SAVE**

**Registration**

**Academy of Women's Health Members**

• Physician/PhD/Policy maker/Industry Professional	<b>Rate</b> \$595
• Nurse/Allied Health Professional	\$430
• Student/Intern/Resident	\$245

**Non-Members**

• Physician/PhD/Policy maker/Industry Professional	\$800
• Nurse/Allied Health Professional	\$595
• Student/Intern/Resident	\$415



**Don't Delay  
Register Today!**

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