Register Today!
Women’s Health 2015
The 23rd Annual Congress
April 16–19
Grand Hyatt • Washington, DC

Join the Academy Today
and Save on Registration
www.academyofwomenshealth.org

Women’s Health 2015
The 23rd Annual Congress
April 16–19
Grand Hyatt • Washington, DC

The Most Comprehensive
Women’s Health Conference of the Year

Presented by

Journal of Women’s Health
VCU Center for Women’s Health

www.congress.academyofwomenshealth.org
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The Congress
Nearly 1,000 attendees find the interdisciplinary Congress agenda compelling and timely, the number of CME/CNE credits generous, and the location accessible. Time for questions, sharing information, and networking is scheduled throughout the day and early evening, and our poster sessions and exhibit hall provide up-close interaction. Enjoying the nation’s capital during cherry blossom season is an added bonus.

Who Should Attend:
The Women’s Health Congress attracts health professionals across broad disciplines including:

- Physicians
- Physician Assistants
- Advanced Practice Nurses
- Registered Nurses
- Social Workers
- Clinical Psychologists
- Pharmacists
- Researchers
- Policy Makers
- Administrators
- Industry Professionals
- Chaplains
- Students and Residents

What Attendees are Saying

"Dynamic Speakers. Every topic essential to my practice. I didn’t want to miss a lecture!"

"This is a fantastic meeting!"

"I plan to make changes to my practice as a result of the new information I learned!"

Outstanding opportunities for networking.
**Build**

...your professional network in the United States, and internationally.

Connecting with colleagues is crucial to strengthening your career, regardless of your seniority. Our networking breaks are a perfect time to forge new professional partnerships.

**Support**

...the Congress and The Academy of Women’s Health.

Make an impact, whatever your financial commitment. **International travel support** enables the Academy to fund travel to the Congress for those from countries outside North America who would otherwise be unable to attend. **Friends of the Academy** helps to further our important work. You’re encouraged to make a tax deductible contribution of your choice.

Contact us at: awh@academyofwomenshealth.org

**Join**

...the Academy of Women’s Health.

An interdisciplinary, international association of professionals who work across the broad field of Women’s Health, AWH shares up-to-date advances and options in clinical care that will enable the best outcomes for patients. **AWH offers many benefits including discounted registration fees and a special members-only reception at the Congress.** Members also receive a free subscription to the *Academy’s peer-reviewed Journal of Women’s Health*; discounted rates to other health-related journals; and access to international education programs and members-only LinkedIn.

For questions email us: awh@academyofwomenshealth.org or call us: 914 740-2181
Earn
...up to 23.75 CME, 20.25 CNE, and 21.75 AAFP Credits in just 2.5 days!
Women’s Health 2015: The 23rd Annual Congress provides the maximum number of credits in just 2.5 days! Additional credits may be available based on the approval of a pre-conference workshop.

Learn
...new research & best practices in a collaborative setting.
We offer 30 presentations covering a wide range of topics across the continuum of care, including screening, diagnosis, care management, and patient education.

Meet
...the best of the best in women’s health.
Renowned experts comprise our all-star roster of presenters—each is committed to growing the field of Women’s Health and is accessible to interact on a deeper level.

Celebrate
...the accomplishments of leaders in Women’s Health.
Our Awards Reception is inspiring to all who attend. Each year the Congress honors individuals who are improving access to best practices through their breakthrough research, advocacy, and support of women’s health initiatives around the world. Attendees enjoy the opportunity to engage with honorees and each other in a convivial community setting.

To register visit: www.congress.academyofwomenshealth.org
Accreditation

This activity is jointly provided by Postgraduate Institute for Medicine, Academy of Women’s Health and Institute for Professional Education.

Physician Continuing Medical Education

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Postgraduate Institute for Medicine, The Academy of Women’s Health and Institute for Professional Education. The Postgraduate Institute for Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

The Postgraduate Institute for Medicine designates this live activity for a maximum of 23.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Continuing Education

Credit Designation

This educational activity for 20.25 contact hours is provided by Postgraduate Institute for Medicine.

Designated for 8.25 contact hours of pharmacotherapy credit for Advance Practice Registered Nurses.

Accreditation Statement

Postgraduate Institute for Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

AAFP Accreditation

This live activity, Women’s Health 2015: The 23rd Annual Congress, with a beginning date of 04/16/2015, has been reviewed and is acceptable for up to 21.75 prescribed credits(s) by the American Academy of Family Physicians. Physicians should claim on the credit commensurate with the extent of their participation in the activity.

A statement of Credit will be issued only upon receipt of a completed activity evaluation form and will be emailed to you within 4 weeks.

Statement of Need/Program Overview

This program is designed to provide physicians, nurses and allied healthcare professionals with a broad range of topics relevant to women’s health across the lifespan. This includes the most recent research and its application to patient care, and the most current information in diagnosis and therapeutics.

Disclosure of Conflicts of Interest

Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest (COI) they may have as related to the content of this activity. All identified COI are thoroughly vetted and resolved according to PIM policy. The existence or absence of COI for everyone in a position to control content will be disclosed to participants prior to the start of each activity.

Congress Chair

SUSAN KORNSTEIN, MD
Executive Director, VCU Institute for Women’s Health
Editor-in-Chief, Journal of Women’s Health
President, Academy of Women’s Health

Congress Co-Chair

LISA ELLIS, MD, FACP
Chief Medical Officer, Medical College of Virginia;
Associate Professor, Internal Medicine and OB/GYN
VCU Institute for Women’s Health

Congress Co-Chair

WENDY KLEIN, MD, MACP
VCU Institute for Women’s Health

Presented by

ACADEMY OF WOMEN’S HEALTH

best practices for better outcomes

Journal of Women’s Health

VCU Institute for Women’s Health

In partnership with

NIH Office of Research on Women’s Health
HHS Office on Women’s Health
Society for Women’s Health Research

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Thursday, April 16

2:30–5:00pm Pre-Conference Workshop
7:15pm Academy of Women’s Health Board Dinner

Friday, April 17

6:15am Yoga: Embrace the Day
7:00am REGISTRATION & CONTINENTAL BREAKFAST
7:45am Welcome Opening Remarks
8:00am The Worsening Health of American Women: Emerging Evidence
  Steven Woolf, MD, MPH, Professor of Family Medicine; Director, VCU Center for Human Needs
  Virginia Commonwealth University School of Medicine
8:45am Breast Cancer Staging: Current Strategies
  Elisa Port, MD, Associate Professor of Surgery
  Icahn School of Medicine at Mt. Sinai
9:30am Evaluation & Management of Premenopausal Women with Low Bone Density
  Elizabeth Shane, MD, Professor of Medicine
  Columbia University College of Physicians & Surgeons
10:15am Poster (CME); Networking Break; Exhibit Hall
10:45am Diabetes in Women: Improving Outcomes
  Kristen Gill Hairston, MD, MPH, Associate Professor of Internal Medicine; Medical Director, Joslin Diabetes Center
  Wake Forest University School of Medicine
11:30am News You Can Use: Recent Studies That Have Changed My Practice
  Melissa McNeil, MD, MPH, Professor of Medicine, Obstetrics, Gynecology & Reproductive Sciences; Chief, Women’s Health, Department of Medicine
  University of Pittsburgh Medical Center
12:15pm LUNCHEON PRESENTATION
1:30pm Trudy Bush Lecture: Using Progestins in Clinical Practice
  Michael Policar, MD, MPH, Professor of Obstetrics, Gynecology & Reproductive Sciences
  University of California San Francisco School of Medicine
2:15pm HPV Risk & Cervical Cancer Screening: Making Sense of the Guidelines
  Mona Saraiya, MD, MPH, Medical Officer and Associate Director, Division of Cancer Prevention and Control; National Center for Chronic Disease Prevention and Health Promotion Centers for Disease Control and Prevention
3:00pm Poster (CME); Networking Break; Exhibit Hall
3:30pm Sex & Gender in Cardiac Testing: Choosing Wisely
  Harmony Reynolds, MD, Assistant Professor of Medicine
  Cardiovascular Clinical Research Center
  NYU Langone Medical Center
4:15pm Another V Word: Vulvodynia
  Susan Hoffstetter, PhD, WHNP-BC, FAANP, Associate Professor of Nursing, Section of Urogynecology
  St. Louis University School of Medicine
5:00pm PMS & PMDD: Therapeutic Approaches
  C. Neill Epperson, MD, Professor of Psychiatry, Obstetrics & Gynecology; Director, Penn Center for Women’s Behavioral Wellness
  Perelman School of Medicine at the University of Pennsylvania
6:00pm Academy of Women’s Health – Member Reception

Saturday, April 18

6:15am Yoga: Embrace the Day
7:00am Breakfast Symposium
8:30am The Calcium Supplement Controversy: Now What?
  Douglas Bauer, MD, Professor of Medicine, Epidemiology and Biostatistics
  University of California San Francisco School of Medicine
9:15am Sex & Gender Differences in Stroke
  Cheryl Bushnell, MD, MHS, Associate Professor of Neurology; Director, Wake Forest Baptist Stroke Center
  Wake Forest Baptist School of Medicine
10:00am Poster (CME); Networking Break; Exhibit Hall
10:30am Interstitial Cystitis & Painful Bladder Syndrome: Clinical Strategies
  Susan Hoffstetter, PhD, WHNP-BC, FAANP, Associate Professor of Nursing, Section of Urogynecology
  St. Louis University School of Medicine
11:15am Weight Management in Women
  Ann Smith Barnes, MD, MPH, Associate Professor, Medical Director, Weight Management Services and Disease Prevention
  Baylor College of Medicine
12:00pm LUNCHEON PRESENTATION
1:30pm Vivian Pinn Women’s Health Research Keynote
  Perimenopause: From Research to Practice
  Nanette Santoro, MD, Professor and E. Stewart Taylor Chair of Obstetrics & Gynecology
  University of Colorado School of Medicine
2:15pm Managing Thyroid Disorders in Women: Common Dilemmas
  Douglas Bauer, MD, Professor of Medicine, Epidemiology and Biostatistics
  University of California San Francisco School of Medicine
Learning Objectives

After completing this activity, the participant should be better able to:

- Implement the most current guidelines for screening a variety of disease states affecting women across their lifespan.
- Employ evidence-based approaches for the diagnosis of diseases impacting all aspects of women’s health.
- Incorporate sex and gender in evidence-based management prevention strategies to address disease states impacting women’s health.
- Utilize evidence-based treatment strategies to provide care for women's sexual health including care for women with a history of sexual assault.
- Provide care, counsel, and education to female patients to promote health management and disease prevention.
Hotel and Travel

Women’s Health 2015 will be held at the Grand Hyatt Washington
1000 H Street NW · Washington, DC 20001 USA
Phone: 1-202-582-1234 · Fax: 1-202-637-4781
A block of rooms is being held at the following rates per night:
Single and Double Occupancy $219
Triple Occupancy $244
Hotel reservations can be made, changed, or modified at:
http://bit.ly/3o7MHad
or by calling 1-888-421-1442. Please be sure to mention that you are attending Women’s Health 2015: The 23rd Annual Congress.
Reservations must be received on or before 5:00 pm, Wednesday, March 18, 2015.

Area Airports
Reagan National Airport: Approximately 5 miles from the hotel
Dulles International Airport: Approximately 27 miles from the hotel
Please call our official travel agent, Wayne Coven, Empress Travel, (800) 933-9054 or (212) 410-9990 for flight information.
For complete travel information, please visit the Congress website:
www.congress.academyofwomenshealth.org

Americans with Disabilities Act
Event staff will be glad to assist you with any special needs (ie: physical, dietary, etc.). Please contact Nilda Rivera prior to the live event at (914) 740-2181.

About the Journal

The Official Journal of the Academy of Women’s Health and the Society for Women’s Health Research, this authoritative journal is the leading source of information for meeting the unique challenges of providing optimal health care for women. Coverage includes the latest advances in diagnostic and therapeutic procedures, as well as innovative research in gender-based biology.