



Women's Health 2013

The 21st Annual Congress

March 22-24, 2013
Washington, DC



Secure your seat today to:

- ◆ Learn about state-of-the-art, evidence-based information on a broad range of women's health issues
- ◆ Network with over 1,000 leaders in women's health
- ◆ Earn up to 23.0 CME credits
- ◆ Honor this year's distinguished Congress award winners, including JoAnn Manson and Linda Giudice
- ◆ Celebrate the 1st Anniversary of Academy of Women's Health

Presented by

ACADEMY OF
WOMEN'S
HEALTH

best practices for better outcomes

www.academyofwomenshealth.org



Journal of
Women's Health

VCU
Institute for
Women's Health

In partnership with

NIH Office of Research on Women's Health
DHHS Office on Women's Health
Society for Women's Health Research

Collaborating Organizations

American College of Physicians, Virginia Chapter • The Endocrine Society
American Congress of Obstetricians and Gynecologists
American Psychiatric Association • American Thyroid Association
International Menopause Society • National Stroke Association

Join Us in March 2013



What Our Attendees Are Saying



“The Women’s Health Congress is, year after year, the most exciting and innovative update on the whole gamut of women’s health issues I know.”

—**John Partridge, MD, FACOG**
*Virginia Physicians for Women
Richmond, VA*



“It was a pleasure to hear cutting-edge information presented by high-powered speakers in such a friendly environment.”

—**Ann Morrison, PhD, RN, CS**
*Johns Hopkins University
School of Medicine
Baltimore, MD*



“The Congress offers up-to-date information on a wide range of women’s health topics. The location is ideal for both business and pleasure.”

—**Lin Chang, MD**
*UCLA
Los Angeles, CA*

Conference Learning Objectives

After completing this activity, the participant should be better able to:

- ♦ Describe recent advances in cancer screening and treatment, including cervical, ovarian, and breast cancer
- ♦ Explain current data that will facilitate the prevention, diagnosis, and management of diseases in women
- ♦ Identify evidence-based approaches to address the management of reproductive health issues, including menopause, contraception, and adolescent sexual health
- ♦ Define practical strategies for assessing and promoting preventive health measures in women, including cardiovascular risk reduction, fracture risk reduction, and reduction of risk associated with diabetes and hyperlipidemia
- ♦ Describe state-of-the-art approaches to treating patients with pelvic pain, endometriosis, HIV, and mood disorders
- ♦ Apply evidence-based approaches to treating women with urogynecological disorders and vaginitis as well as sexual health disorders
- ♦ Describe and treat common problems in dermatology in women
- ♦ Utilize the most recently released pap smear guidelines
- ♦ Discuss the controversies that surround the area of treatment and diagnosis of osteoporosis
- ♦ Apply environmental health into daily practice with patients
- ♦ Describe the treatment of diabetes during the reproductive years
- ♦ Provide appropriate care and counsel for patients and their families

For complete Congress information, please visit: www.bioconferences.com/wh



Women's Health 2013

Thursday, March 21

Pre-Conference Workshop*

2:30 - 5:00 pm—The Science of Sex and Gender in Biomedical Research

Session presented by the NIH Office of Research on Women's Health
Workshop Director: Janine Clayton, MD, ORWH Director

5:00 - 8:00 pm—CONFERENCE REGISTRATION

Friday, March 22

6:15 am—Yoga (optional) - Embrace the day with yoga

7:00 am—REGISTRATION & BREAKFAST

7:45 am—Welcome Opening Remarks

8:00 am—Lipid Management in Women: Lessons Learned

Emma Meagher, MD
Associate Professor of Medicine, University of Pennsylvania

8:45 am—Diabetes Management in the Reproductive Years

Diana McNeill, MD, FACP, Professor of Medicine
Division of Endocrinology and Metabolism
Duke University School of Medicine

9:30 am—Adolescent Gynecology: Best Practices

Alison Marshall, MSN, FNP
Sylvie Ratelle STD/HIV Prevention Center of New England
Massachusetts Department of Health

10:15 am—Break

10:45 am—Calcium & Vitamin D: What Now?

Michael McClung, MD, Director, Oregon Osteoporosis Center

11:30 am—Integrating Environmental Health into Clinical Practice

Kirtly Parker-Jones, MD, Professor of Obstetrics and Gynecology
Vice Chair for Educational Affairs
University of Utah School of Medicine

12:15 pm—LUNCHEON PRESENTATION

Pain in Women: Sex Differences and Implications for Management

Mark Wallace, MD, Professor of Clinical Anesthesia
Director, Center for Pain and Palliative Medicine
UC San Diego School of Medicine

1:45 pm—Cardiovascular Risk Reduction: Women Are Not Small Men

Karol Watson, MD, PhD
Associate Professor of Medicine/Cardiology
Co-Director, UCLA Program in Preventive Cardiology
David Geffen School of Medicine at UCLA

2:30 pm—New Findings from the Kronos Early Estrogen Prevention Study (KEEPS)

JoAnn Manson, MD, DrPH
Professor of Medicine and the Michael and Lee Bell Professor of Women's Health, Harvard Medical School
Chief, Division of Preventive Medicine
Brigham and Women's Hospital

3:15 pm—Break

3:45 pm—Making Sense of the New Cervical Cancer Screening Guidelines: Less is More

Michael Policar, MD, MPH
Professor of Obstetrics, Gynecology and Reproductive Sciences
UC San Francisco

4:30 pm—HIV in Women: From Research to Practice

Kathleen Squires, MD
Professor of Medicine, Jefferson Medical College
Director, Division of Infectious Diseases
Thomas Jefferson University Hospital

5:30 - 7:00 pm—Congress Poster Session and Reception

Saturday, March 23

6:15 am—Yoga (optional) - Embrace the day with yoga

7:00 am—BREAKFAST SYMPOSIUM

The Promise of Personalized Medicine: Integrating Genetics into Women's Health Practice

Lee Shulman, MD
Anna Ross Lapham Professor of Obstetrics and Gynecology
Director, Cancer Genetics Program
Northwestern University Feinberg School of Medicine

8:30 am—Understanding Menopause and Mood

Claudio Soares, MD, PhD
Professor and Chair, Department of Psychiatry
University of Alberta, Canada

9:15 am—Chronic Pelvic Pain: Challenges in Diagnosis and Management

Michael Policar, MD, MPH
Professor of Obstetrics, Gynecology and Reproductive Sciences
UC San Francisco

10:00 am—Break

10:30 am—The Vivian Pinn Women's Health Research Keynote Lecture: Advances in Understanding Endometriosis

Linda Giudice, MD, PhD
Robert B. Jaffe Distinguished Professor and Chair of the Department of OBGYN and Reproductive Sciences, UC San Francisco

11:15 am—Sexual Disorders in Women: We Can Do Better

Catherine Matthews, MD
Chief, Division of Urogynecology
Associate Professor of Obstetrics and Gynecology
University of North Carolina at Chapel Hill
Supported by an educational grant from Novo Nordisk

12:00 pm—LUNCHEON PRESENTATION

Contraception: Which Patient, Which Method?

Raquel Arias, MD, MPH
Associate Professor of Obstetrics and Gynecology
Keck School of Medicine, University of Southern California
This educational activity is supported by an educational grant from Bayer HealthCare

1:30 pm—THE TRUDY BUSH LECTURE: The Study of Women's Health Across the Nation (SWAN): An Update

Nanette Santoro, MD
Professor and E Stewart Taylor Chair of Obstetrics and Gynecology
University of Colorado at Denver, School of Medicine

The 21st Annual Congress

2:30 pm—Breast Cancer: What's New?

Harry Bear, MD, PhD
Chief, Division of Surgical Oncology
Professor of Hematology and Oncology
Virginia Commonwealth University School of Medicine
VCU Massey Cancer Center

3:15 pm—Break

3:45 pm—Controversies in Ovarian Cancer Screening

Karen Lu, MD
Professor of Gynecologic Oncology and Reproductive Medicine
H.E.B. Professor of Cancer Research
University of Texas MD Anderson Cancer Center

4:30 pm—Dermatology in Women: Common Dilemmas

Julia Nunley, MD
Professor of Dermatology
Program Director, Dermatology
Virginia Commonwealth University Medical Center

5:15 pm—Sleep Disorders and Women: More Than Just Tired

Michael Twery, PhD
Director, National Center on Sleep Disorders Research, NHLBI, NIH
Supported by the Society for Women's Health Research

6:00 pm—Yoga (optional)

Sunday, March 24

6:15 am—Yoga (optional) - Embrace the day with yoga

7:00 am—BREAKFAST SYMPOSIUM

Obesity Prevention in Women

Antronette Yancey, MD
Professor of Medicine, UCLA
Supported in part by a conference contract from DHHS Office on Women's Health

8:30 am—Urogynecology in the Office

Catherine Matthews, MD
Chief, Division of Urogynecology
Associate Professor of Obstetrics and Gynecology
University of North Carolina at Chapel Hill

9:15 am—Management of Common Breast Disorders

Raquel Arias, MD, MPH
Associate Professor of Obstetrics and Gynecology
Keck School of Medicine, University of Southern California

10:15 am—Women's Health & Sex Differences Research

Scientific Poster Session Awards

10:30 am—Break

11:00 am—Vaginitis: Pearls & Pitfalls in Diagnosis

Alison Marshall, MSN, FNP
Sylvie Ratelle STD/HIV Prevention Center of New England
Massachusetts Department of Health

11:45 am—News You Can Use: Recent Studies That Changed My Practice

Melissa McNeil, MD, MPH, Professor of Medicine, Obstetrics, Gynecology, and Reproductive Sciences
Chief, Women's Health, Department of Medicine
University of Pittsburgh Medical Center

12:45 pm—Adjourn

Please note that the schedule is subject to change.

Support the Congress!

For more information on available opportunities, contact Karla Shepard Rubinger, Executive Director, Academy of Women's Health at (914) 740-2128 or awh@academyofwomenshealth.org

This educational activity is provided, in part, by funding from AbbVie Inc., Amgen Inc., Gilead Sciences Inc., and Novo Nordisk.

Target Audience

This activity is intended for physicians, advanced practice nurses, registered nurses, midwives and other allied health professionals who care for women, including internists, family practitioners, and general obstetrician-gynecologists, and nurses in those fields.

Accreditation

This activity is jointly sponsored/co-provided by Academy of Women's Health and Postgraduate Institute for Medicine.



Postgraduate Institute
for Medicine

Physician Continuing Medical Education

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Academy of Women's Health and Postgraduate Institute for Medicine. The Postgraduate Institute for Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

The Postgraduate Institute for Medicine designates this live activity for a maximum of **23.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Continuing Education

Credit Designation

This educational activity for **23.0 contact hours** is provided by Postgraduate Institute for Medicine.

Accreditation Statement

Postgraduate Institute for Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

AAFP Accreditation

This Live activity, Women's Health 2013: The 21st Annual Congress, with a beginning date of March 22, 2013, has been reviewed and is acceptable for up to **22.25 Prescribed credit(s)** by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AANP Accreditation

This program is approved for **21.0 contact hours** of continuing education (which includes **10.75 hours of pharmacology**) by the American Academy of Nurse Practitioners. Program ID 1209329. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.

A statement of credit will be issued only upon receipt of a completed activity evaluation form and will be mailed to you within 3 weeks.



1st Anniversary of the Aca

The Academy of Women's Health is an interdisciplinary, international association of health professionals who work across the broad field of women's health, providing up-to-date advances and

Benefits of J

- ♦ Free annual online subscription to **Journal of Women's Health**
- ♦ Discounted registration to the annual Women's Health Congress
- ♦ Access to members-only listserv

www.academyofw

Register Today and Save!

Statement of Need/Program Overview

This program is designed to provide physicians, nurses and allied healthcare professionals with a broad range of topics relevant to women's health across the lifespan. This includes the most recent research and its application to patient care, and the most current information in diagnosis and therapeutics.

Disclosure of Conflicts of Interest

Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by PIM for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations.

Hotel and Travel Information

Women's Health 2013 will be held at the

Grand Hyatt Washington

1000 H Street NW · Washington, DC 20001, USA

Phone: 1-202-582-1234 · Fax: 1-202-637-4781

A block of rooms is being held at the following rates per night:

Single and Double Occupancy **\$ 199.00**

Triple Occupancy **\$ 224.00**

Quadruple Occupancy **\$ 249.00**

Hotel reservations can be made, changed, or modified at:

<https://resweb.passkey.com/go/womenshealth2013>

or by calling 1-402-592-6464 or 1-888-421-1442. Please be sure to mention that you are attending the Women's Health 2013 21st Annual Congress.

Reservations must be received on or before 5:00 PM, **Wednesday, February 20, 2013.**

Area Airports:

Reagan National Airport - Approximately 5 miles from the hotel

Dulles International Airport - Approximately 27 miles from the hotel

Please call our official travel agent, Wayne Coven, at Empress Travel, (800) 933-9054 or (212) 410-9990 for flight information.

For complete travel information, please visit the Congress website:

www.bioconferences.com/wh

Americans with Disabilities Act



Event staff will be glad to assist you with any special needs. Please contact the conference organizers prior to the event, at 1-800-524-6266.

Academy of Women's Health

options in clinical care that will enable the best outcomes for patients. AWH's focus includes the dissemination of translational research and evidence-based practices for disease prevention, diagnosis, and treatment for women.

Joining AWH

- ♦ Participation in international exchange travel programs
- ♦ And much more- including the satisfaction of providing the best outcomes for patients worldwide!

womenshealth.org



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Register Online: www.bioconferences.com/wh

or Register by Fax: **914-740-2105**

Please Print:

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Medical Specialty _____ Title _____

Affiliation _____

Address _____

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Special Dietary Needs _____

Please Check All Appropriate Boxes:

Registration

Rates

Academy of Women's Health Members

<input type="checkbox"/> Physician/PhD/Policy maker/Industry Professional	\$628
<input type="checkbox"/> Nurse/Allied Health Professional	\$395
<input type="checkbox"/> Student/Intern/Resident	\$245

Non-Members

<input type="checkbox"/> Physician/PhD/Policy maker/Industry Professional	\$786
<input type="checkbox"/> Nurse/Allied Health Professional	\$594
<input type="checkbox"/> Student/Intern/Resident	\$414

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www.academyofwomenshealth.org

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Cancellation Policy: Written cancellations received prior to February 1, 2013 will receive a refund minus an administrative charge of \$100. Cancellation after this date is non-refundable; however, substitutions from the same company are welcomed. If for any reason this conference is cancelled, Academy of Women's Health is not responsible for covering airfare, hotel, or other costs incurred by conference registrants.

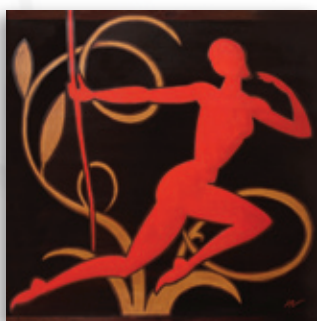
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Women's Health 2013

The 21st Annual Congress

March 22-24, 2013
Grand Hyatt, Washington, DC



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Register Today and Save!

Women's Health 2013 • The 21st Annual Congress

Attend the most comprehensive women's health conference of 2013

- ◆ **3 impactful days** – learn the latest actionable information for optimal patient care
- ◆ **30 distinguished speakers** – listen to the foremost experts in women's health
- ◆ **1,000 networking opportunities** – leverage new connections to advance your career

Congress Chair

SUSAN KORNSTEIN, MD

Executive Director, VCU Institute for Women's Health
Editor-in-Chief, *Journal of Women's Health*
President, Academy of Women's Health

Congress Co-Chair

LISA ELLIS, MD

Executive Director of Stony Point - VCU
Medical Director, VCU Institute for Women's Health

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