Women’s Health 2013
The 21st Annual Congress
March 22-24, 2013
Washington, DC

Presented by

ACADEMY OF WOMEN’S HEALTH
best practices for better outcomes
www.academyofwomenshealth.org

Join us this year to:

- Learn about state-of-the-art, evidence-based information on a broad range of women’s health issues
- Network with over 1,000 leaders in women’s health
- Honor this year’s distinguished Congress award winners
- Celebrate the 1st Anniversary of Academy of Women’s Health

In partnership with

DHHS Office on Women’s Health
NIH Office of Research on Women’s Health
Society for Women’s Health Research

Congress Chair
SUSAN KORNSTEIN, MD
Executive Director, VCU Institute for Women’s Health
Editor-in-Chief, Journal of Women’s Health
President, Academy of Women’s Health

Congress Co-Chair
LISA ELLIS, MD
Executive Director of Stony Point - VCU Medical Director, VCU Institute for Women’s Health

Congress Chair Emeritus
WENDY KLEIN, MD
Senior Deputy Director Emeritus
VCU Institute for Women’s Health
Join Us in March 2013

What Our Attendees Are Saying

“It was a pleasure to hear cutting-edge information presented by high-powered speakers in such a friendly environment.”
—Ann Morrison, PhD, RN, CS  
Johns Hopkins University  
School of Medicine  
Baltimore, MD

“The Congress offers up-to-date information on a wide range of women’s health topics. The location is ideal for both business and pleasure.”
—Lin Chang, MD  
UCLA  
Los Angeles, CA

Conference Learning Objectives

After completing this activity, the participant should be better able to:

- Describe recent advances in cancer screening and treatment, including cervical, ovarian, and breast cancer
- Explain current data that will facilitate the prevention, diagnosis, and management of diseases in women
- Identify evidence-based approaches to address the management of reproductive health issues, including menopause, contraception, and adolescent sexual health
- Define practical strategies for assessing and promoting preventive health measures in women, including cardiovascular risk reduction, fracture risk reduction, and reduction of risk associated with diabetes and hyperlipidemia
- Describe state-of-the-art approaches to treating patients with pelvic pain, endometriosis, HIV, and mood disorders
- Apply evidence-based approaches to treating women with urogynecological disorders and vaginitis as well as sexual health disorders
- Describe and treat common problems in dermatology in women
- Utilize the most recently released pap smear guidelines
- Discuss the controversies that surround the area of treatment and diagnosis of osteoporosis
- Apply environmental health into daily practice with patients
- Describe the treatment of diabetes during the reproductive years
- Provide appropriate care and counsel for patients and their families

For complete Congress information, please visit: www.bioconferences.com/wh

“The Women’s Health Congress is, year after year, the most exciting and innovative update on the whole gamut of women’s health issues I know.”
—John Partridge, MD, FACOG  
Virginia Physicians for Women  
Richmond, VA
Thursday, March 21

Pre-Conference Workshop*
2:30 - 5:00 pm—The Science of Sex and Gender in Biomedical Research
   Session presented by the NIH Office of Research on Women’s Health
   Workshop Director: Janine Clayton, MD, ORWH Director

5:00 – 8:00 pm—CONFERENCE REGISTRATION

Friday, March 22

6:15 am—Yoga (optional) - Embrace the day with yoga
7:00 am—REGISTRATION & BREAKFAST

7:45 am—Welcome Opening Remarks

8:00 am—Lipid Management in Women: Lessons Learned
   Emma Meagher, MD
   Associate Professor of Medicine, University of Pennsylvania

8:45 am—Diabetes Management in the Reproductive Years
   Diana Mcneill, MD, FACP
   Professor of Medicine, Division of Endocrinology and Metabolism
   Duke University School of Medicine

9:30 am—Adolescent Gynecology: Best Practices
   Alison Marshall, MSn, FNP
   Sylvie Ratelle STD/HIV Prevention Center of New England
   Massachusetts Department of Health

10:15 am—Break

10:45 am—Calcium & Vitamin D: What Now?
   Michael McClung, MD
   Director, Oregon Osteoporosis Center
   Associate Professor of Medicine, Oregon Health & Science University

11:30 am—Integrating Environmental Health into Clinical Practice
   Kirtly Parker-Jones, MD
   Professor of Obstetrics and Gynecology
   Vice Chair for Educational Affairs
   University of Utah School of Medicine

12:15 pm—LUNCHEON PRESENTATION
   Pain in Women: Sex Differences and Implications for Management
   Mark Wallace, MD
   Professor of Clinical Anesthesia
   Director, Center for Pain and Palliative Medicine
   UC San Diego School of Medicine

1:45 pm—Cardiovascular Risk Reduction: Women Are Not Small Men
   Karol Watson, MD, PhD
   Associate Professor of Medicine/Cardiology
   Co-Director, UCLA Program in Preventive Cardiology
   David Geffen School of Medicine at UCLA

2:30 pm—New Findings from the Kronos Early Estrogen Prevention Study (KEEPS)
   JoAnn Manson, MD, DrPH
   Professor of Medicine and the Michael and Lee Bell Professor of Women’s Health, Harvard Medical School
   Chief, Division of Preventive Medicine
   Brigham and Women’s Hospital

3:15 pm—Break

3:45 pm—Making Sense of the New Cervical Cancer Screening Guidelines: Less is More
   Michael Policar, MD, MPH
   Professor of Obstetrics, Gynecology and Reproductive Sciences
   UC San Francisco

4:30 pm—HIV in Women: From Research to Practice
   Kathleen Squires, MD
   Professor of Medicine, Jefferson Medical College
   Director, Division of Infectious Diseases
   Thomas Jefferson University Hospital

5:30 - 7:00 pm—Congress Poster Session and Reception

Saturday, March 23

6:15 am—Yoga (optional) - Embrace the day with yoga
7:00 am—BREAKFAST SYMPOSIUM
   The Promise of Personalized Medicine: Integrating Genetics into Women’s Health Practice
   Lee Shulman, MD
   Anna Ross Lapham Professor of Obstetrics and Gynecology
   Director, Cancer Genetics Program
   Northwestern University Feinberg School of Medicine

8:30 am—Understanding Menopause and Mood
   Claudio Soares, MD, PhD
   Professor and Chair, Department of Psychiatry
   University of Alberta, Canada

9:15 am—Chronic Pelvic Pain: Challenges in Diagnosis and Management
   Michael Policar, MD, MPH
   Professor of Obstetrics, Gynecology and Reproductive Sciences
   UC San Francisco

10:00 am—Break

10:30 am—The Vivian Pinn Women’s Health Research Keynote Lecture: Advances in Understanding Endometriosis
   Linda Giudice, MD, PhD
   Distinguished Professor and Chair of Reproductive Endocrinology and Infertility, UC San Francisco

11:15 am—Sexual Disorders in Women: We Can Do Better
   Catherine Matthews, MD
   Chief, Division of Urogynecology
   Associate Professor of Obstetrics and Gynecology
   University of North Carolina at Chapel Hill
   Supported by an educational grant from Novo Nordisk

12:00 pm—LUNCHEON PRESENTATION
   Contraception: Which Patient, Which Method?
   Raquel Arias, MD, MPH
   Associate Professor of Obstetrics and Gynecology
   Keck School of Medicine, University of Southern California

1:30 pm—THE TRUDY BUSH LECTURE: The Study of Women’s Health Across the Nation (SWAN): An Update
   Nanette Santoro, MD
   Professor and E Stewart Taylor Chair of Obstetrics and Gynecology
   University of Colorado at Denver, School of Medicine

*Non-CME

www.bioconferences.com/wh
2:30 pm—Breast Cancer: What’s New?
Harry Bear, MD, PhD
Chief, Division of Surgical Oncology
Professor of Hematology and Oncology
Virginia Commonwealth University School of Medicine
VCU Massey Cancer Center

Please note that the schedule is subject to change.

3:15 pm—Break

3:45 pm—Controversies in Ovarian Cancer Screening
Karen Lu, MD
Professor of Gynecologic Oncology and Reproductive Medicine
H.E.B. Professor of Cancer Research
University of Texas MD Anderson Cancer Center

4:30 pm—Dermatology in Women: Common Dilemmas
Julia Nunley, MD
Professor of Dermatology
Program Director, Dermatology
Virginia Commonwealth University Medical Center

5:15 pm—Sleep Disorders and Women: More Than Just Tired
Michael Twery, PhD
Director, National Center on Sleep Disorders Research, NHLBI, NIH
Supported by the Society for Women’s Health Research

6:00 pm—Yoga (optional)

Sunday, March 24

6:15 am—Yoga (optional) - Embrace the day with yoga

7:00 am—BREAKFAST SYMPOSIUM
Obesity Prevention in Women
Antronette Yancey, MD
Professor of Medicine, UCLA

8:30 am—Urogynecology in the Office
Catherine Matthews, MD
Chief, Division of Urogynecology
Associate Professor of Obstetrics and Gynecology
University of North Carolina at Chapel Hill

9:15 am—Management of Common Breast Disorders
Raquel Arias, MD, MPH
Associate Professor of Obstetrics and Gynecology
Keck School of Medicine, University of Southern California

10:15 am—Women’s Health & Sex Differences Research
Scientific Poster Session Awards

10:30 am—Break

11:00 am—Vaginitis: Pearls & Pitfalls in Diagnosis
Alison Marshall, MSN, FNP
Sylvie Ratelle STD/HIV Prevention Center of New England
Massachusetts Department of Health

11:45 am—News You Can Use: Recent Studies That Changed My Practice
Melissa McNeil, MD, MPH, Professor of Medicine, Obstetrics, Gynecology, and Reproductive Sciences
Chief, Women’s Health, Department of Medicine
University of Pittsburgh Medical Center

12:45 pm—Adjourn

Support the Congress!
For more information on available opportunities, contact Karla Shepard Rubinger, Executive Director, Academy of Women’s Health at (914) 740-2128 or awh@academyofwomenshealth.org

Target Audience
This activity is intended for physicians, advanced practice nurses, registered nurses, midwives and other allied health professionals who care for women, including internists, family practitioners, and general obstetrician-gynecologists, and nurses in those fields.

Accreditation
This activity is jointly sponsored/co-provided by Postgraduate Institute for Medicine and Academy of Women’s Health.

Physician Continuing Medical Education
Accreditation Statement
This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Postgraduate Institute for Medicine and Academy of Women’s Health. The Postgraduate Institute for Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation
The Postgraduate Institute for Medicine designates this live activity for a maximum of 22.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Continuing Education
Credit Designation
This educational activity for 22.5 contact hours is provided by Postgraduate Institute for Medicine.

Accreditation Statement
Postgraduate Institute for Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

AAFP Accreditation
This Live activity, Women’s Health 2013: The 21st Annual Congress, with a beginning date of March 22, 2013, has been reviewed and is acceptable for up to 22.25 Prescribed credit(s)™ by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AANP Accreditation
This program is approved for 21.0 contact hours of continuing education (which includes 10.75 hours of pharmacology) by the American Academy of Nurse Practitioners. Program ID 1209329. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.

A statement of credit will be issued only upon receipt of a completed activity evaluation form and will be mailed to you within 3 weeks.

Benefits of Joining AWH
◆ Free annual online subscription to Journal of Women’s Health
◆ Discounted registration to the annual Women’s Health Congress
◆ Access to members-only listserv

The Academy of Women’s Health is an interdisciplinary, international association of health professionals who work across the broad field of women’s health, providing up-to-date advances and

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www.academyofwomenshealth.org
Statement of Need/Program Overview
This program is designed to provide physicians, nurses and allied healthcare professionals with a broad range of topics relevant to women's health across the lifespan. This includes the most recent research and its application to patient care, and the most current information in diagnosis and therapeutics.

Disclosure of Conflicts of Interest
Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by PIM for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations.

Hotel and Travel Information
Women's Health 2013 will be held at the Grand Hyatt Washington
1000 H Street NW · Washington, DC 20001, USA
Phone: 1-202-582-1234 · Fax: 1-202-637-4781
A block of rooms is being held at the following rates per night:
Single and Double Occupancy $ 199.00
Triple Occupancy $ 224.00
Quadruple Occupancy $ 249.00
Hotel reservations can be made, changed, or modified at: https://resweb.passkey.com/go/womenshealth2013
or by calling 1-402-592-6464 or 1-888-421-1442. Please be sure to mention that you are attending the Women's Health 2013 21st Annual Congress.
Reservations must be received on or before 5:00 PM, Wednesday, February 20, 2013.

Area Airports:
Reagan National Airport - Approximately 5 miles from the hotel
Dulles International Airport - Approximately 27 miles from the hotel
Please call our official travel agent, Wayne Coven, at Empress Travel, (800) 933-9054 or (212) 410-9990 for flight information.
For complete travel information, please visit the Congress website: www.bioconferences.com/wh

Americans with Disabilities Act
Event staff will be glad to assist you with any special needs. Please contact the conference organizers prior to the event, at 1-800-524-6266.

Academy of Women’s Health
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Cancellation Policy: Written cancellations received prior to February 1, 2013 will receive a refund minus an administrative charge of $100. Cancellation after this date is non-refundable; however, substitutions from the same company are welcomed. If for any reason this conference is cancelled, Academy of Women's Health is not responsible for covering airfare, hotel, or other costs incurred by conference registrants.
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