

Present

Women's Health 2011: The 19th Annual Congress

April 1–3, 2011
Crystal Gateway Marriott
Washington, DC



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In collaboration with

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The Annual Meeting of



American Medical **Women's** Association
The Vision and Voice of Women in Medicine since 1915

This activity is sponsored by



Postgraduate Institute
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THE LEADING CLINICAL WOMEN'S HEALTH CONGRESS

Women's Health 2011

CONFERENCE LEARNING OBJECTIVES

Upon completion of the program, participants will be able to:

- Summarize current data that will facilitate the prevention, diagnosis, and management of diseases in women
- Identify evidence-based approaches to address the management of reproductive health issues, including indications for intrauterine and oral contraception, management of sexual dysfunction, ovarian and breast cancer screening, and evaluation of urinary incontinence, and management of post-obstetric fistulae
- Define practical strategies for assessing and promoting preventive health measures in women, including cardiovascular risk reduction, fracture risk reduction, and reduction of risk associated sexual behaviors
- Restate the evidence for health promotion and disease management in older women, using the elements of patient goals, functional status, and comorbidities as a framework for individualized decision making
- Define the impact of exposure to harmful environmental chemicals on reproductive health
- Describe the biological mechanisms and current evidence relating vitamin D and omega-3 fatty acids to a reduced risk of cancer and cardiovascular disease
- Interpret the biochemistry and pharmacology of bioidentical hormones and evidence available to guide use of bioidentical and compounded hormones
- State evidence-based approaches to the evaluation and management of common disorders in women, including insomnia, osteoporosis, anemia, skin disorders, diabetes, menopausal symptoms, and obesity
- Describe recent trends in cesarean birth and VBAC and factors that affect birth outcomes
- Apply guidelines for screening of women at increased risk for breast cancer and results using MRI, ultrasound, and other new technologies
- Employ recommendations for the diagnosis and management of somatizing and chronic pain patients

 **THURSDAY, MARCH 31** 

CONCURRENT PRE-CONFERENCE ACTIVITIES*

AMWA Advocacy Day on Capitol Hill

7:00 – 9:30 am Continental Breakfast & Advocacy Training

**10:00 am – 3:30 pm Visit to the Hill
Meeting with Legislators & Gallery
Observation/Tours**

4:00 pm Debriefing

Concurrent Session:

**2:30 – 5:00 pm Towards a Better Understanding
of the NIH Grant Process**
Session presented by NIH ORWH

5:00 – 8:00 pm CONFERENCE REGISTRATION

OPENING RECEPTION

 **FRIDAY, APRIL 1** 

6:15 am Yoga (optional)

7:00 am REGISTRATION & CONTINENTAL BREAKFAST

8:00 am Cesareans, VBAC, and Lessons Learned
Catherine Spong, MD

**8:45 am Cardiovascular Risk Reduction in Women:
Emerging Strategies**
Karol Watson, MD, PhD

9:30 am Intrauterine Contraception: An Update
Raquel Arias, MD

10:15 am Break & Posters

**10:45 am Environmental Toxins and
Reproductive Health**
Kirtly Parker Jones, MD

**11:30 am HIV Prevention in Women: Integrating
Research into Practice**
Loretta Jemmott, PhD, FAAN, RN

**12:15 pm LUNCHEON PRESENTATION
Women's Health: Putting Prevention First**
Surgeon General Regina Benjamin, MD, MBA

**Please note that all pre-conference activities are non-CME/CNE.*

1: The 19th Annual Congress

1:45 pm *THE VIVIAN PINN WOMEN'S HEALTH RESEARCH KEYNOTE LECTURE*

Vitamin D and Omega-3s: Separating Fact from Fiction

JoAnn Manson, MD, DrPH

2:35 pm **Osteoporosis Management in Postmenopausal Women: Old Dilemmas & New Advances**

Ethel Siris, MD

3:20 pm **Break & Posters**

3:50 pm **Point Counterpoint: The Mammography Controversy**

Wendie Berg, MD, PhD

Steven Woolf, MD, MPH

Moderator: Sarah Kobrin, PhD, MPH

Supported by the Behavioral Research Program at the National Cancer Institute

4:45 pm **Care of the Older Woman: Pearls & Pitfalls**

C. Bree Johnston, MD, MPH

5:30 – 7:00 pm *CONGRESS POSTER RECEPTION – SESSION A*



SATURDAY, APRIL 2



6:15 am **Yoga** (optional)

7:00 am *BREAKFAST SYMPOSIUM*

Health Care Reform: What Does it Mean for Women's Health?

Dora Hughes, MD, MPH

Meena Seshamani, MD, PhD

Mary Wakefield, PhD, RN, FAAN

Supported by the US Department of Health and Human Services Office on Women's Health

8:30 am **Staying Abreast: Recent Advances in Imaging**

Wendie Berg, MD, PhD

9:15 am **Anemia in Women: Common Clinical Challenges**

Thomas DeLoughery, MD

10:00 am **Break and Posters**

10:30 am **Obesity Management in Women: Implications for Practice**

Susan Yanovski, MD

11:15 am **Controversies in Ovarian Cancer Screening**

Carol Brown, MD, FACS

12:00 pm **Luncheon**

1:30 pm *THE TRUDY BUSH LECTURE*

Bioidentical Hormones: Just the Facts

Melissa McNeil, MD, MPH

2:15 pm **Urinary Incontinence: Never an Acceptable Consequence of Aging**

Catherine Matthews, MD

3:00 pm **Break and Posters**

3:30 pm **Sexual Disorders in Women: Current Controversies**

Jan Shifren, MD

4:10 pm **What's Hot in Menopause Management**

Cynthia Stuenkel, MD, NCMP

4:50 pm **Diabetes in Women: Challenges in Management**

Geralyn Spollett, MSN, ANP, CDE

5:30 – 7:00 pm *CONGRESS POSTER RECEPTION – SESSION B*

6:15 pm **Yoga** (optional)

7:00 pm *AMWA AWARDS GALA*



SUNDAY, APRIL 3



6:15 am **Yoga** (optional)

7:00 am *BREAKFAST SYMPOSIUM*

Oral Contraception: Which Patient, Which Pill?

Raquel Arias, MD

8:30 am **Cosmetic Dermatology: What's New, What's True?**

Ellen Marmur, MD

9:25 am **Maternal Complications in the Third World: A Report from the Front Line**

Catherine Matthews, MD

10:15 am **Break**

10:45 am **Sleep Disorders in Women: From Research to Bedside**

Barbara Phillips, MD, MSPH

11:40 am **The Difficult Patient: Disordered or Just Different?**

Robert C. Smith, MD, MS

12:30 pm **Adjourn**

Please note that the schedule may be subject to change.

& Annual Meeting of AMWA



The VCU Institute for Women's Health is one of only 20 National Centers of Excellence. It was established in 1999 to promote standards of excellence in women's health care, to advance cutting-edge research, foster community outreach and regional collaboration, enhance women's leadership, and provide training and education towards the goal of improving the health of women. Please visit our website at www.womenshealth.vcu.edu. VCU is in full compliance with the ADA. VCU is an equal opportunity/affirmative action university.



American Medical Women's Association
The Vision and Voice of Women in Medicine since 1915

The American Medical Women's Association (AMWA) is an organization of women physicians, medical students and other persons dedicated to serving as the unique voice for women's health and the advancement of women in medicine. AMWA functions at the local, national, and international level to advance women in medicine and improve women's health, by providing and developing leadership, advocacy, education, expertise, mentoring, and through building strategic alliances. AMWA empowers women to lead in improving health for all within a model that reflects the unique perspective of women.

TARGET AUDIENCE

This activity has been designed to meet the educational needs of physicians, advanced practice nurses, registered nurses, midwives, and other allied health professionals with an interest in women's health.

PURPOSE

The purpose of this activity is to provide a broad range of topics relevant to women's health across the lifespan.

SUPPORT THE CONGRESS!

There are many fine opportunities to support this year's Congress. For more information, contact Karla Shepard Rubinger, Vice President and Executive Director, Institute for Professional Education at (914) 740-2230 or krubinger@instituteforprofessionaled.org

ACCREDITATION

Physician Continuing Medical Education

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Postgraduate Institute for Medicine (PIM), BioConferences International, Inc., and Institute for Professional Education. PIM is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Postgraduate Institute for Medicine designates this educational activity for a maximum of **24 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nursing Continuing Education

Credit Designation

This educational activity for **24 contact hours** is provided by Postgraduate Institute for Medicine.

Accreditation Statements

Postgraduate Institute for Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

California Board of Registered Nursing

Postgraduate Institute for Medicine is approved by the California Board of Registered Nursing, Provider Number 13485 for **28.8 contact hours**.

AAFP Accreditation

This activity, Women's Health 2011: The 19th Annual Congress, with a beginning date of April 1, 2011, has been reviewed and is acceptable for up to **24.50 Prescribed credits** by the American Academy of Family Physicians.

AANP Accreditation

This program is approved for **27 contact hours** of continuing education (which includes **10.25 hours of pharmacology**) by the American Academy of Nurse Practitioners. Program ID 1008268. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.

A statement of credit will be issued only upon receipt of a completed activity evaluation form and will be mailed to you within three weeks.

Disclosure of Conflicts of Interest: Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by PIM for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations

HOTEL AND TRAVEL INFORMATION

The Congress will be held at the **Crystal Gateway Marriott in Arlington, VA**. A block of rooms is being held at the conference rate of **\$129 per night**.

Hotel room reservations for the Congress can be made, changed, or modified via our dedicated booking website:

<https://resweb.passkey.com/go/womenshealth2011>

You may also reserve your hotel room using the following dedicated reservation phone lines: 1-506-474-2009/1-800-266-9432. Please be sure to mention that you are attending the Women's Health 2011 19th Annual Congress.

Reservations must be received on or before 5:00 PM, **Tuesday, March 1, 2011**.

On-site parking is available for a fee of \$10 USD per night.

Marriott Hotel Crystal Gateway

1700 Jefferson Davis Highway • Arlington, Virginia 22202
Phone: 1-703-920-3230 • Fax: 1-703-271-5212

Area Airports:

Reagan Washington National (DCA)

Approximately 1 mile from the hotel
Courtesy phone for Crystal Gateway Marriott available for Complimentary Airport Shuttle service
Alternate transportation: Metro (Subway) or Taxi

Dulles Airport (IAD)

Approximately 28 miles from the hotel. Taxis available.

Baltimore-Washington International (BWI)

Approximately 55 miles from the hotel. Taxis available.

Please call our official travel agent, Wayne Coven, at Empress Travel, (800) 933-9054 or (212) 410-9990 for flight information.

Driving Directions:

Please visit the **Marriott Hotel Crystal Gateway** website for directions:

<http://www.marriott.com/hotels/maps/travel/wasgw-crystal-gateway-marriott/>

Other Transportation:

Subway Station
Crystal City (0.1 miles East of the Crystal Gateway Marriott).

Americans with Disabilities Act

Event staff will be glad to assist you with any special needs (ie, physical, dietary, etc). Please contact the conference organizer prior to the live event at 1-800-5-BIOCON.



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Journal of Women's Health is a monthly, multidisciplinary peer-reviewed MEDLINE journal focusing on the diseases and conditions that hold greater risk for or are more prevalent among women. The Journal presents cutting-edge research and therapeutic options for the management of disease in women, as well as findings from gender-based biology that explain many of the known gender differences in disease, epidemiology, and health outcomes. The Journal is published both in print and online.

Editor-in-Chief: **Susan G. Kornstein, MD, VCU Institute for Women's Health**

Deputy Editor: **Wendy S. Klein, MD, VCU Institute for Women's Health**

Visit our website at www.liebertpub.com/jwh

The Official Journal of AMWA



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Please Check All Appropriate Boxes

Registration

	Early-Bird Rates (by Jan. 14, 2011)	Regular Rates (after Jan. 14, 2011)
<input type="checkbox"/> Physician	\$485	\$525
<input type="checkbox"/> Policymaker/ Industry Professional	\$555	\$595
<input type="checkbox"/> AMWA Member		\$485
<input type="checkbox"/> Nurse/Allied Health Professional		\$395
<input type="checkbox"/> Student/Resident/Intern/Fellow		\$245
<input type="checkbox"/> AMWA GALA - All Health Professionals		\$ 77
<input type="checkbox"/> AMWA GALA - Student		\$ 55
<input type="checkbox"/> AMWA Advocacy Day		\$ 30

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— Online registration available at www.bioconferences.com/wh —

Cancellation Policy: Written cancellations received prior to February 18, 2011 will receive a refund minus an administrative charge of \$100. Cancellation after this date is non-refundable; however, substitutions from the same company are welcomed. If for any reason this conference is cancelled, BioConferences International, Inc. is not responsible for covering airfare, hotel, or other costs incurred by conference registrants.

Women's Health 2011: The 19th Annual Congress and the Annual Meeting of AMWA

April 1-3, 2011

Last Year's Congress was Completely Sold Out, So Please Register Early

www.bioconferences.com/wh

Please fax registration forms to: 914-740-2105

Please print your contact information below:

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Medical Specialty _____ Title _____

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