

Women's Health 2014

The 22nd Annual Congress

April 4–6, 2014

Grand Hyatt • Washington, DC

The *only* meeting focused *exclusively* on
Best Practices for Better Outcomes in Women's Health



**Register Today
for Special Rates**



- ◆ **Earn** up to 23.5 CME/CNE credits in 2.5 days
- ◆ **Learn** to apply new diagnostic and therapeutic protocols to support female patients
- ◆ **Meet** world renowned thought leaders in Women's Health
- ◆ **Share** your expertise and discuss challenges in a collaborative setting
- ◆ **Build** your professional international network
- ◆ **Join** the **Academy of Women's Health** and save on registration

Journal of
Women's Health

VCU Institute for Women's Health

In partnership with

NIH Office of Research on Women's Health

HHS Office on Women's Health

Society for Women's Health Research

Join Us in April 2014!

What Our Attendees Are Saying...

“Excellent!”

“HIGHLY RELEVANT TO MY PRACTICE”

“CLINICALLY APPLICABLE TOPICS”

**“FANTASTIC SPEAKERS,
STATE-OF-THE-ART INFORMATION”**

“INFORMATION WAS NEW”

**“FAST PACED, YET
COMPREHENSIVE”**



Conference Learning Objectives

After completing this activity, the participant should be better able to:

- ◆ Implement the most current guidelines for screening a variety of disease states affecting women across their lifespan
- ◆ Employ evidence-based approaches for the diagnosis of diseases impacting all aspects of women's health
- ◆ Incorporate evidence-based management strategies to address disease states impacting women's health
- ◆ Utilize evidence-based treatment strategies to provide care for women's sexual health including care for women with a history of sexual assault
- ◆ Provide care, counsel, and education to female patients to promote health management and disease prevention

Congress Chair

SUSAN KORNSTEIN, MD

Executive Director,
VCU Institute for Women's Health
Editor-in-Chief, *Journal of Women's Health*
President, Academy of Women's Health

Congress Co-Chair

LISA ELLIS, MD

Executive Director of Stony Point - VCU
Medical Director, VCU Institute
for Women's Health

Congress Scientific Program Chair

WENDY KLEIN, MD

VCU Institute for Women's Health

For more information, please visit: www.congress.academyofwomenshealth.org

Women's Health 2014

Thursday, April 3

Pre-Conference Workshop

- 2:30–5:00 pm—What's the Difference? Sex & Gender Influences on Women's Health**
Session presented by the NIH Office of Research on Women's Health
- 7:15 pm—Academy of Women's Health Board Dinner**

Friday, April 4

- 6:15 am—Yoga** - Embrace the day
- 7:00 am—REGISTRATION & CONTINENTAL BREAKFAST**
- 7:45 am—Welcome Opening Remarks**
- 8:00 am—Weight Management: One Size Does Not Fit All**
David Katz, MD, MPH, FACP, *Director, Prevention Research Center, Yale University School of Medicine*
- 8:45 am—Persistent Vaginitis: Practical Approaches to Care**
Jeanne Marazzo, MD, MPH, *Professor of Medicine, University of Washington*
- 9:30 am—Controversies in Postmenopausal Osteoporosis**
Joel Finkelstein, MD, *Associate Professor of Medicine, Harvard Medical School; Associate Director, Bone Density Center Massachusetts General Hospital*
- 10:15 am—Networking Break, Posters: Exhibit Hall**
- 10:45 am—Management of STIs: Challenges in Practice**
Alison Marshall, RN, MSN, FNP, *Sylvie Ratelle STD/HIV Prevention Center of New England, Massachusetts Department of Health*
- 11:15 am—Update on Polycystic Ovary Syndrome**
John Nestler, MD, *Professor and Chair of Internal Medicine, Virginia Commonwealth University School of Medicine*
- 12:00 pm—LUNCHEON PRESENTATION**
Fibroids: New Options in Medical & Surgical Management
Linda Bradley, MD, *Professor of Surgery & Vice Chair, Department of Obstetrics and Gynecology, Cleveland Clinic*
- 1:30 pm—Vivian Pinn Women's Health Research Keynote**
Breast Cancer Screening: Benefits and Harms
Laura Esserman, MD, MBA, *Professor of Surgery and Radiology, Director, Carol Franc Buck Breast Care Center, University of California, San Francisco*
- 2:15 pm—Menopause Management: Where Are We Now?**
Jan Shifren, MD, *Associate Professor of Ob/Gyn and Reproductive Biology, Harvard Medical School; Director, Menopause Program, Massachusetts General Hospital*
- 3:00 pm—Networking Break, Posters: Exhibit Hall**

- 3:30 pm—Hypertension Across a Woman's Lifespan: Clinical Pearls**
Karol Watson, MD, *Professor of Medicine, Director, UCLA Women's Cardiovascular Center, University of California, Los Angeles*
- 4:15 pm—Preventing Unintended Pregnancy: Old Misconceptions, New Data**
Jeffrey Peipert MD, MPH, MHA, *Robert J. Terry Professor, Department of Obstetrics and Gynecology, Washington University School of Medicine*
- 5:00 pm—News You Can Use: Recent Studies That Have Changed My Practice**
Melissa McNeil, MD, MPH, *Professor of Medicine, Obstetrics, Gynecology and Reproductive Sciences, University of Pittsburgh Medical Center*
- 5:45 pm—Adjourn**
- 6:15–7:15 pm—Academy of Women's Health Members Cocktail Reception**

Saturday, April 5

- 6:15 am—Yoga** - Embrace the day
- 7:00 am—BREAKFAST SYMPOSIUM**
- 8:30 am—Abnormal Uterine Bleeding: What Now, What Next?**
Christine Isaacs, MD, *Associate Professor of Obstetrics and Gynecology, Virginia Commonwealth University School of Medicine*
- 9:15 am—Psychiatric Issues in Women: Beyond Depression**
Heidi Combs, MD, *Assistant Professor of Psychiatry & Behavioral Sciences, University of Washington*
- 10:00 am—Networking Break, Posters: Exhibit Hall**
- 10:30 am—Management of Urinary Tract Infections: Show Me the Evidence**
Thomas Hooton, MD, *Associate Dean & Director, Institute for Women's Health; Professor of Clinical Medicine, University of Miami Miller School of Medicine*
- 11:15 am—Paps & Pelvics: Where Do We Stand?**
Michael Policar, MD, MPH, *Professor of Obstetrics, Gynecology and Reproductive Sciences, UCSF School of Medicine, Bixby Center for Global Reproductive Health, University of California, San Francisco*
- 12:15 pm—LUNCHEON PRESENTATION**
Sexual Health: Do Ask, Do Tell
Sheryl Kingsberg, PhD, *Professor of Psychiatry, Obstetrics & Gynecology, Case Western Reserve University School of Medicine*
- 1:45 pm—The Trudy Bush Lecture**
New Insights in Sex Hormones and Cardiovascular Disease
Virginia Miller, PhD, *Professor of Physiology and Surgery, Mayo Clinic College of Medicine*

For more information, please visit: www.congress.academyofwomenshealth.org

The 22nd Annual Congress

2:30 pm—Fibromyalgia: Where Do I Begin?

Lenore Buckley, MD, MPH, *Professor of Medicine, Yale University School of Medicine*

3:15 pm—Networking Break, Posters: Exhibit Hall

3:45 pm—A New Look at Incontinence Evaluation and Management

Catherine Matthews, MD, *Chief of Urogynecology, Associate Professor of Obstetrics & Gynecology, University of North Carolina at Chapel Hill*

4:30 pm—Sexual Violence: What the Clinician Needs to Know

Elizabeth Miller, MD, PhD, *Chief, Adolescent Medicine, Associate Professor of Pediatrics, University of Pittsburgh Medical Center*

5:15 pm—Congress Awards and Poster Reception: Exhibit Hall

Sunday, April 6

6:15 am—Yoga - Embrace the day

7:00 am—BREAKFAST SYMPOSIUM

8:30 am—GI Issues in Women

Patrick Young, MD, *Associate Professor of Medicine, Division of Gastroenterology, Uniformed Services University of the Health Sciences*

9:15 am—Cornerstones of Reproductive Health Care

In collaboration with the US Department of Health & Human Services

Practice Recommendations for Contraceptive Use: Update

Michael Policar, MD, MPH, *Professor of Obstetrics, Gynecology and Reproductive Sciences, UCSF School of Medicine, Bixby Center for Global Reproductive Health, University of California, San Francisco*

Family Planning & Preconception Care: Best Practice Guidelines

Susan Moskosky, MS, RNC, *Deputy Director, Office of Population Affairs, US Department of Health & Human Services*

10:15 am—Networking Break, Posters: Exhibit Hall

10:45 am—Special Session on Dermatology in Women's Health

Dermatologic Care of Women: Choosing & Using Topical Steroids

Julia Nunley, MD, *Professor of Dermatology, Program Director, Dermatology, Virginia Commonwealth University Medical Center*

11:30 am—Vulvovaginal Dermatology

Michael Policar, MD, MPH, *Professor of Obstetrics, Gynecology and Reproductive Sciences, UCSF School of Medicine, Bixby Center for Global Reproductive Health University of California, San Francisco*

12:15 pm—Adjourn

Support the Congress!

For more information on available opportunities, go to www.congress.academyofwomenshealth.org or contact Karla Shepard Rubinger, Executive Director, Academy of Women's Health at (914) 740-2153 or email awh@academyofwomenshealth.org

Target Audience

This activity is intended for physicians, advanced practice nurses, registered nurses, midwives, and other allied health professionals who care for women, including internists, family practitioners, and general obstetrician-gynecologists, and nurses in those fields.

Accreditation

This activity is jointly sponsored/co-provided by Postgraduate Institute for Medicine, Academy of Women's Health and Institute for Professional Education.



Postgraduate Institute for Medicine

Physician Continuing Medical Education

Accreditation Statement

This activity is planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Postgraduate Institute for Medicine, Academy of Women's Health, and Institute for Professional Education.

The Postgraduate Institute for Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

The Postgraduate Institute for Medicine designates this live activity for a maximum of **23.5 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Continuing Education

Credit Designation

This educational activity for **23.4 contact hours** is provided by Postgraduate Institute for Medicine.

Accreditation Statement

Postgraduate Institute for Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

AAFP Accreditation

This Live activity, Women's Health 2014: The 22nd Annual Congress, with a beginning date of 04/04/2014, has been reviewed and is acceptable for up to **19.50 Prescribed credit(s)** by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AANP Accreditation

This program is approved for **20.25 contact hours** of continuing education (which includes **8.5 hours of pharmacology**) by the American Association of Nurse Practitioners. Program ID 1308326. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.

A statement of credit will be issued only upon receipt of a completed activity evaluation form and will be emailed to you within 3 weeks.

Join the Academy of Women's Health. Get exclusive...



Susan Kornstein, MD
Academy President

About AWH

The Academy of Women's Health is an interdisciplinary, international association of health professionals who work across the broad field of women's health, providing up-to-date advances and options in clinical care that will enable the best outcomes for patients. AWH's focus includes the dissemination of translational research and evidence-based practices for disease prevention, diagnosis, and treatment for women.

www.congress.academy

Register Today and Save!

Statement of Need/Program Overview

This program is designed to provide physicians, nurses and allied healthcare professionals with a broad range of topics relevant to women's health across the lifespan. This includes the most recent research and its application to patient care, and the most current information in diagnosis and therapeutics.

Disclosure of Conflicts of Interest

Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest (COI) they may have as related to the content of this activity. All identified COI are thoroughly vetted and resolved according to PIM policy. The existence or absence of COI for everyone in a position to control content will be disclosed to participants prior to the start of each activity.

Hotel and Travel Information

Women's Health 2014 will be held at the

Grand Hyatt Washington

1000 H Street NW · Washington, DC 20001 USA
Phone: 1-202-582-1234 · Fax: 1-202-637-4781

A block of rooms is being held at the following rates per night:

Single and Double Occupancy	\$ 199
Triple Occupancy	\$ 224
Quadruple Occupancy	\$ 249

Hotel reservations can be made, changed, or modified at:

<https://resweb.passkey.com/go/congressonwomenshealth>

or by calling 1-888-421-1442. Please be sure to mention that you are attending Women's Health 2014: The 22nd Annual Congress.

Reservations must be received on or before 5:00 pm, **Wednesday, March 4, 2014.**

Area Airports

Reagan National Airport - Approximately 5 miles from the hotel

Dulles International Airport - Approximately 27 miles from the hotel

Please call our official travel agent, Wayne Coven, Empress Travel, (800) 933-9054 or (212) 410-9990 for flight information.

For complete travel information, please visit the Congress website:

www.congress.academyofwomenshealth.org



Americans with Disabilities Act

Event staff will be glad to assist you with any special needs. Please contact the conference organizers prior to the event at 1-800-524-6266.



Exclusive "members-only" benefits

AWH Benefits

- ◆ Deeply discounted registration to Women's Health Congress
- ◆ Free annual online subscription to **Journal of Women's Health**
- ◆ Eligible for members-only annual travel program
- ◆ Members-only reception at Women's Health Congress
- ◆ Members-only LinkedIn Group
- ◆ And more...

www.congress.academyofwomenshealth.org

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Register Online:

www.congress.academyofwomenshealth.org

By Fax: 914-740-2105

or Mail To: Academy of Women's Health/WH2014
140 Huguenot Street-3rd Floor
New Rochelle, New York 10801

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www.academyofwomenshealth.org

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& SAVE**

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Registration

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(after Dec. 5 th) |
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Cancellation Policy: Written cancellations received prior to February 1, 2014 will receive a refund minus an administrative charge of \$100. Cancellation after this date is non-refundable; however, substitutions from the same company are welcomed. If for any reason this conference is cancelled, Academy of Women's Health is not responsible for covering airfare, hotel, or other costs incurred by conference registrants.

Institute for Professional Education
140 Huguenot Street, 3rd Floor
New Rochelle, New York 10801-5215

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and Save on Registration

www.academyofwomenshealth.org

Women's Health 2014 • The 22nd Annual Congress

Networking Opportunities



best practices for better outcomes

Engaging Speakers



Important Awards



Great Posters



Answer Your Questions



www.congress.academyofwomenshealth.org