

Institute for Professional Education

140 Huguenot Street, 3rd Floor

New Rochelle, New York 10801-5215

Register Today!

Women's Health 2015

The 23rd Annual Congress

April 16–19

Grand Hyatt • Washington, DC



best practices for better outcomes

Join the Academy Today and Save on Registration

www.academyofwomenshealth.org



**Join Us!
Pre-Conference
Workshop
April 16**

Women's Health 2015

The 23rd Annual Congress

April 16–19

Grand Hyatt • Washington, DC

The Most Comprehensive
Women's Health Conference of the Year

Posters



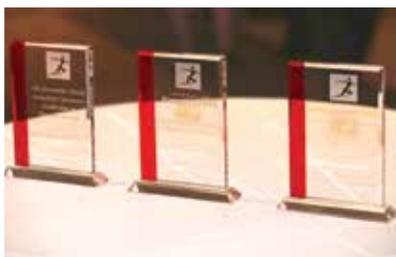
Networking



Presentations



Awards



Presented by



best practices for better outcomes

Journal of
Women's Health VCU Institute for Women's Health



Postgraduate Institute
for Medicine

www.congress.academyofwomenshealth.org



Women's Health 2015

The 23rd Annual Congress

April 16–19

Grand Hyatt • Washington, DC

The Congress

Nearly 1,000 attendees find the interdisciplinary Congress agenda compelling and timely, the number of CME/CNE credits generous, and the location accessible. Time for questions, sharing information, and networking is scheduled throughout the day and early evening, and our poster sessions and exhibit hall provide up-close interaction. Enjoying the nation's capital during cherry blossom season is an added bonus.

22 Speakers
Up to 23.75
CME/CNE Credits
2.5 Days

Who Should Attend:

The Women's Health Congress attracts health professionals across broad disciplines including:

- Physicians
- Physician Assistants
- Advanced Practice Nurses
- Registered Nurses
- Social Workers
- Clinical Psychologists
- Pharmacists
- Researchers
- Policy Makers
- Administrators
- Industry Professionals
- Chaplains
- Students and Residents



What Attendees are Saying

“*Dynamic Speakers. Every topic essential to my practice. I didn't want to miss a lecture!*”

“*Outstanding opportunities for networking.*”

“*This is a fantastic meeting!*”

“*I plan to make changes to my practice as a result of the new information I learned!*”





Share

...your innovative research and programs with 1,000 colleagues.

Submit an abstract and present a poster. Raise visibility for your program while establishing yourself and your team as important resources in your field.

Build

...your professional network in the United States, and internationally.

Connecting with colleagues is crucial to strengthening your career, regardless of your seniority. Our networking breaks are a perfect time to forge new professional partnerships.



Support

...the Congress and The Academy of Women's Health.

Make an impact, whatever your financial commitment.

International travel support enables the Academy to fund travel to the Congress for those from countries outside North America who would otherwise be unable to attend.

Friends of the Academy helps to further our important work. You're encouraged to make a tax deductible contribution of your choice.

Contact us at: awh@academyofwomenshealth.org

Join

...the Academy of Women's Health.

An interdisciplinary, international association of professionals who work across the broad field of Women's Health, *AWH* shares up-to-date advances and options in clinical care that will enable the best outcomes for patients.

AWH offers many benefits including discounted registration fees and a special members-only reception at the Congress.

Members also receive a free subscription to the *Academy's* peer-reviewed **Journal of Women's Health**; discounted rates to other health-related journals; and access to international education programs and members-only LinkedIn.

Earn

...up to 23.75 CME, 20.25 CNE, and 21.75 AAFP Credits in just 2.5 days!

Women's Health 2015: The 23rd Annual Congress provides the *maximum number of credits in just 2.5 days!* Additional credits may be available based on the approval of a pre-conference workshop.



Learn

...new research & best practices in a collaborative setting.

We offer 30 presentations covering a wide range of topics across the continuum of care, including screening, diagnosis, care management, and patient education.

Meet

...the best of the best in women's health.

Renowned experts comprise our all-star roster of presenters—each is committed to growing the field of Women's Health and is accessible to interact on a deeper level.



Celebrate

...the accomplishments of leaders in Women's Health.

Our Awards Reception is inspiring to all who attend. Each year the Congress honors individuals who are improving access to best practices through their breakthrough research, advocacy, and support of women's health initiatives around the world. Attendees enjoy the opportunity to engage with honorees and each other in a convivial community setting.



April 16–19, 2015

Accreditation

This activity is jointly provided by Postgraduate Institute for Medicine, Academy of Women's Health and Institute for Professional Education.



Physician Continuing Medical Education

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Postgraduate Institute for Medicine, The Academy of Women's Health and Institute for Professional Education. The Postgraduate Institute for Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

The Postgraduate Institute for Medicine designates this live activity for a maximum of **23.75 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nursing Continuing Education

Credit Designation

This educational activity for **20.25 contact hours** is provided by Postgraduate Institute for Medicine.

Designated for **8.25 contact hours** of pharmacotherapy credit for Advance Practice Registered Nurses.

Accreditation Statement

Postgraduate Institute for Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Presented by



best practices for better outcomes

Journal of
Women's Health **VCU** by Institute for Women's Health



In partnership with

NIH Office of Research on Women's Health

HHS Office on Women's Health

Society for Women's Health Research

AAFP Accreditation

This live activity, Women's Health 2015: The 23rd Annual Congress, with a beginning date of 04/16/2015, has been reviewed and is acceptable for up to **21.75 prescribed credits(s)** by the American Academy of Family Physicians. Physicians should claim on the credit commensurate with the extent of their participation in the activity.

A statement of Credit will be issued only upon receipt of a completed activity evaluation form and will be emailed to you within 4 weeks.

Statement of Need/Program Overview

This program is designed to provide physicians, nurses and allied healthcare professionals with a broad range of topics relevant to women's health across the lifespan. This includes the most recent research and its application to patient care, and the most current information in diagnosis and therapeutics.

Disclosure of Conflicts of Interest

Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest (COI) they may have as related to the content of this activity. All identified COI are thoroughly vetted and resolved according to PIM policy. The existence or absence of COI for everyone in a position to control content will be disclosed to participants prior to the start of each activity.



Congress Chair

SUSAN KORNSTEIN, MD

Executive Director, VCU Institute for Women's Health
Editor-in-Chief, Journal of Women's Health
President, Academy of Women's Health



Congress Co-Chair

LISA ELLIS, MD, FACP

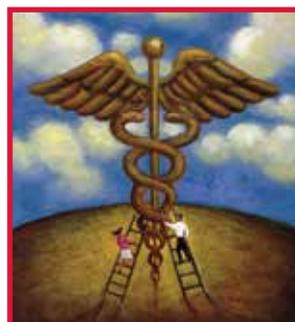
Chief Medical Officer, Medical College of Virginia;
Associate Professor, Internal Medicine and OB/GYN
VCU Institute for Women's Health



Congress Co-Chair

WENDY KLEIN, MD, MACP

VCU Institute for Women's Health



To register visit: www.congress.academyofwomenshealth.org or call us: 914 740-2181

The Best of the Best in Women's Health

Thursday, April 16

2:30–5:00pm Pre-Conference Workshop

7:15pm Academy of Women's Health Board Dinner

Friday, April 17

6:15am Yoga: Embrace the Day

7:00am REGISTRATION & CONTINENTAL BREAKFAST

7:45am Welcome Opening Remarks

8:00am The Worsening Health of American Women: Emerging Evidence

Steven Woolf, MD, MPH, Professor of Family Medicine; Director, VCU Center for Human Needs
Virginia Commonwealth University School of Medicine

8:45am Breast Cancer Staging: Current Strategies

Elisa Port, MD, Associate Professor of Surgery
Icahn School of Medicine at Mt. Sinai

9:30am Evaluation & Management of Premenopausal Women with Low Bone Density

Elizabeth Shane, MD, Professor of Medicine
Columbia University College of Physicians & Surgeons

10:15am Poster (CME); Networking Break; Exhibit Hall

10:45am Diabetes in Women: Improving Outcomes

Kristen Gill Hairston, MD, MPH, Associate Professor of Internal Medicine; Medical Director, Joslin Diabetes Center
Wake Forest University School of Medicine

11:30am News You Can Use: Recent Studies That Have Changed My Practice

Melissa McNeil, MD, MPH, Professor of Medicine, Obstetrics, Gynecology & Reproductive Sciences; Chief, Women's Health, Department of Medicine
University of Pittsburgh Medical Center

12:15pm LUNCHEON PRESENTATION

1:30pm Trudy Bush Lecture: Using Progestins in Clinical Practice

Michael Policar, MD, MPH, Professor of Obstetrics, Gynecology & Reproductive Sciences
University of California San Francisco School of Medicine

2:15pm HPV Risk & Cervical Cancer Screening: Making Sense of the Guidelines

Mona Saraiya, MD, MPH, Medical Officer and Associate Director, Division of Cancer Prevention and Control; National Center for Chronic Disease Prevention and Health Promotion
Centers for Disease Control and Prevention

3:00pm Poster (CME); Networking Break; Exhibit Hall

3:30pm Sex & Gender in Cardiac Testing: Choosing Wisely
Harmony Reynolds, MD, Assistant Professor of Medicine
Cardiovascular Clinical Research Center
NYU Langone Medical Center

4:15pm Another V Word: Vulvodynia
Susan Hoffstetter, PhD, WHNP-BC, FAANP, Associate Professor of Nursing, Section of Urogynecology
St. Louis University School of Medicines

5:00pm PMS & PMDD: Therapeutic Approaches
C. Neill Epperson, MD, Professor of Psychiatry, Obstetrics & Gynecology; Director, Penn Center for Women's Behavioral Wellness
Perelman School of Medicine at the University of Pennsylvania

6:00pm Academy of Women's Health – Member Reception

Saturday, April 18

6:15am Yoga: Embrace the Day

7:00am Breakfast Symposium

8:30am The Calcium Supplement Controversy: Now What?
Douglas Bauer, MD, Professor of Medicine, Epidemiology and Biostatistics
University of California San Francisco School of Medicine

9:15am Sex & Gender Differences in Stroke
Cheryl Bushnell, MD, MHS, Associate Professor of Neurology; Director, Wake Forest Baptist Stroke Center
Wake Forest Baptist School of Medicine

10:00am Poster (CME); Networking Break; Exhibit Hall

10:30am Interstitial Cystitis & Painful Bladder Syndrome: Clinical Strategies
Susan Hoffstetter, PhD, WHNP-BC, FAANP, Associate Professor of Nursing, Section of Urogynecology
St. Louis University School of Medicine

11:15am Weight Management in Women
Ann Smith Barnes, MD, MPH, Associate Professor, Medical Director, Weight Management Services and Disease Prevention
Baylor College of Medicine

12:00pm LUNCHEON PRESENTATION

1:30pm Vivian Pinn Women's Health Research Keynote Perimenopause: From Research to Practice
Nanette Santoro, MD, Professor and E. Stewart Taylor Chair of Obstetrics & Gynecology
University of Colorado School of Medicine

2:15pm Managing Thyroid Disorders in Women: Common Dilemmas
Douglas Bauer, MD, Professor of Medicine, Epidemiology and Biostatistics
University of California San Francisco School of Medicine

Washington, DC

3:00pm Poster (CME); Networking Break; Exhibit Hall

3:30pm Common Musculoskeletal Problems in Women

Sheila Dugan, MD, Associate Professor of Physical Medicine & Rehabilitation
Rush Medical College

4:15pm Lactation & Maternal Health: What Every Clinician Needs to Know

Eleanor Bimla Schwarz, MD, MS, Professor of Medicine, Division of General Internal Medicine
University of California, Davis

5:15pm Poster Reception; Congress Awards; Exhibit Hall

Sunday, April 19

6:15am Yoga: Embrace the Day

7:00am Breakfast Symposium

8:30am Hysterectomy: Current Controversies

Catherine Matthews, MD, Associate Professor of Obstetrics & Gynecology; Chief, Division of Urogynecology
University of North Carolina at Chapel Hill

9:15am Bariatric Surgery: Pearls & Pitfalls

Lucy Faulconbridge, PhD, Assistant Professor of Psychology, Director of Research, Center for Weight and Eating Disorders
University of Pennsylvania Perelman School of Medicine

10:00am Poster (CME); Networking Break; Exhibit Hall

10:30am Managing Contraceptive Side Effects: Clinical Insights

Michael Policar, MD, MPH, Professor of Obstetrics, Gynecology & Reproductive Sciences
University of California San Francisco School of Medicine

11:15am Acute Pelvic Pain: A Practical Approach

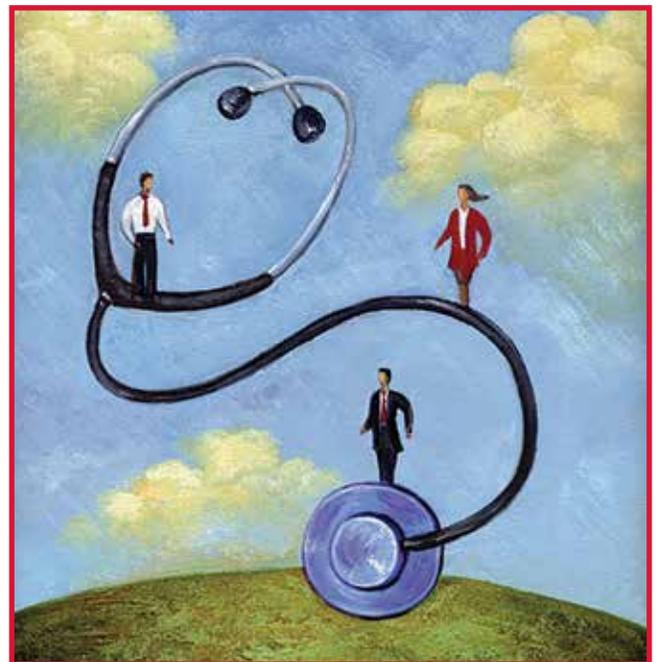
Christine Isaacs, MD, Associate Professor of Obstetrics and Gynecology
Virginia Commonwealth University School of Medicine

12:00pm Adjourn

Learning Objectives

After completing this activity, the participant should be better able to:

- Implement the most current guidelines for screening a variety of disease states affecting women across their lifespan.
- Employ evidence-based approaches for the diagnosis of diseases impacting all aspects of women's health.
- Incorporate sex and gender in evidence-based management prevention strategies to address disease states impacting women's health.
- Utilize evidence-based treatment strategies to provide care for women's sexual health including care for women with a history of sexual assault.
- Provide care, counsel, and education to female patients to promote health management and disease prevention.



Women's Health 2015 The 23rd Annual Congress

April 16–19

Register Online:

www.congress.academyofwomenshealth.org

By Fax: 914-740-2105

or Mail To: Academy of Women's Health/WH2015
140 Huguenot Street-3rd Floor
New Rochelle, New York 10801

Hotel and Travel

Women's Health 2015 will be held at the **Grand Hyatt Washington**
1000 H Street NW · Washington, DC 20001 USA
Phone: 1-202-582-1234 · Fax: 1-202-637-4781

A block of rooms is being held at the following rates per night:

Single and Double Occupancy \$219
Triple Occupancy \$244

Hotel reservations can be made, changed, or modified at:

<http://bit.ly/1o7MHad>

or by calling 1-888-421-1442. Please be sure to mention that you are attending Women's Health 2015: The 23rd Annual Congress.

Reservations must be received on or before 5:00 pm, **Wednesday, March 18, 2015.**

Area Airports

Reagan National Airport: Approximately 5 miles from the hotel
Dulles International Airport: Approximately 27 miles from the hotel

Please call our official travel agent, Wayne Coven, Empress Travel, (800) 933-9054 or (212) 410-9990 for flight information.

For complete travel information, please visit the Congress website:

www.congress.academyofwomenshealth.org



Americans with Disabilities Act

Event staff will be glad to assist you with any special needs (ie: physical, dietary, etc.). Please contact Nilda Rivera prior to the live event at (914) 740-2181.



About the Journal



The Official Journal of the *Academy of Women's Health* and the Society for Women's Health Research, this authoritative journal is the leading source of information for meeting the unique challenges of providing optimal health care for women. Coverage includes the latest advances in diagnostic and therapeutic procedures, as well as innovative research in gender-based biology.

Please Print:

Name _____ Degree (s) _____

Medical Specialty _____ Title _____

Affiliation _____

Address _____

City _____ State _____ Zip _____

Phone _____ Fax _____

Email _____

Special Dietary Needs _____

Join the Academy of Women's Health
www.academyofwomenshealth.org

**JOIN NOW
& SAVE**

Please Check All Appropriate Boxes:

Registration

Academy of Women's Health Members

	\$ Early-bird (by Dec. 5)	\$ Regular Rate (after Dec. 5)
<input type="checkbox"/> Physician/PhD/Policy maker/Industry Professional	495	595
<input type="checkbox"/> Nurse/Allied Health Professional	360	430
<input type="checkbox"/> Student/Intern/Resident	195	245

Non-Members

<input type="checkbox"/> Physician/PhD/Policy maker/Industry Professional	695	800
<input type="checkbox"/> Nurse/Allied Health Professional	495	595
<input type="checkbox"/> Student/Intern/Resident	345	415

Contributions

<input type="checkbox"/> International Travel Support	\$ _____	\$ _____
<input type="checkbox"/> Friends of the Academy	\$ _____	\$ _____

Payment Options

Enclosed is my check/money order for \$ _____

Make checks payable to Institute for Professional Education, in US currency and drawn on a US bank.

Charge in the amount of \$ _____

American Express Visa/MasterCard Discover

Card # _____

Security Code _____ Exp. Date _____

Name on Card _____

Billing Address _____

Signature _____

Cancellation Policy: Written cancellations received prior to February 1, 2015 will receive a refund minus an administrative charge of \$100. Cancellation after this date is non-refundable; however, substitutions from the same company are welcomed. If for any reason this conference is cancelled, Academy of Women's Health is not responsible for covering airfare, hotel, or other costs incurred by conference registrants.